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THE ADA COMSTOCK SCHOLARS PROGRAM

www.smith.edu/classdeans/adas.php

The Smith College Ada Comstock Scholars Program combines rigorous academic challenges at Smith with flexibility for women beyond the traditional college age. In the fall of 2015, over 100 Ada Comstock Scholars will be enrolled at Smith; the overall student population is more than 2500. The Adas are a remarkable and diverse group of women. They range in age from their 20s to their mid-60s; some are single, some are married. Most arrive having earned approximately 50 transferable college credits in liberal arts courses. The program provides various options: reduced course loads, special academic advising, career counseling and diverse housing options. Financial aid for educational expenses is available to each woman with demonstrated need.

SUPPORT FOR ADAS

The office of the Ada Comstock Scholars is located with the other class deans in College Hall 101. If you have an academic concern or a personal issue and don’t know where to turn, Calvin McFadden and the staff in the class dean's office will do their best to find a solution or will direct you to the appropriate person or office.

Calvin McFadden, Class Dean
Calvin directs the Ada Comstock Program and serves as its class dean. Calvin's main concern is the academic welfare of each member of the Ada class. As class dean, Calvin provides counseling about academic matters such as transfer credit, fulfilling course requirements, graduation status, and exceptions to academic rules. Students call on him when they need extensions on work and when they experience emergencies that impact their academic life. Another class dean can advise you when he is not available.

Calvin can be reached at: College Hall 101, (413) 585-4930
Mon, Tue, Thur, Fri, 8:30-4:30 and Wed, 10:00-4:30
Summer hours: Mon, Tue, Thur, Fri, 8:00-4:00 and Wed, 10:00-4:00

Appointments to see him can be scheduled by calling (413) 585-4930. Drop-in hours are on Mondays from 3:00pm - 4:00pm, Wednesdays from 2:30 - 4:00pm and on Fridays from 10:30am - 11:30am. Drop-in hours are on a first-come, first-served basis. Calvin’s e-mail address is cmcfadden@smith.edu. For more information, please see: www.smith.edu/classdeans/adas.php
**Sidonia Dalby, Associate Director of Admission and Ada Adviser**

Sid works in Smith’s Office of Admission recruiting and selecting Adas. She also spends 20% of her time working with Student Affairs as a non-academic Ada Adviser. Sid sponsors regular lunches in Hopkins Lounge for Adas and is available for advice and support. Her email is sdalby@smith.edu and phone is (413) 585-2523.

**Karen Sise, Ada Class Cabinet Adviser**

Karen Sise, AC ’10, is the Assistant Registrar for Academic Services and volunteers her time to advise the Ada class cabinet. She is also available to answer questions about registration and transfer credits at ksise@smith.edu.

**FINANCIAL AID INFORMATION**

**Emergency Financial Assistance Information**

Small amounts of loan and grant aid for unusual and unpredictable expenses and books over and above the standard financial aid awards may be awarded at the discretion of Calvin McFadden, Dean of the Ada Comstock Schola, College Hall 101, x4930. Please do not hesitate to contact him if you need help. There is a maximum allowed per student.

The Margaret Crofton Balbach ’62 Fund for Ada Comstock Scholars offers one-time funding of up to $750 to any current Ada during her enrollment at Smith. This money can cover any reasonable, unanticipated expense. Costs are not limited to expenses during the academic year and course work taken outside of the regular semester periods is allowed. Funding is not available for anything that has already been covered by financial aid.

There are other college resources as well. Contact Susan Zachary, Assistant to the Dean of the College, College Hall 203. See web site for the Dean of the College: Funding for Students. [http://www.smith.edu/doc/funding.php](http://www.smith.edu/doc/funding.php).

The Smith Student Aid Society (SSAS), a separate philanthropic organization, may be able to provide some help with medical emergencies and other unexpected needs. “Beyond Smith” provides up to $400 to help seniors with expenses related to job interviews, registration fees for graduate school, etc. See the website above for more details.
THE ADA COMSTOCK CLASS

Class Designation
Regardless of whether you are a first year Ada, sophomore, junior, or senior, you are a member of the Ada Comstock class.

♦ Class Designation is ‘AC’
♦ Does not matter how many credits you have earned

Upon entering your final year at Smith, you have dual membership in the Ada Comstock class and the senior class.

♦ Class Designation becomes ‘AC’ plus the year of graduation (i.e., for seniors this year: AC ’14)
♦ Important: put these letters after your name on all official college correspondence

Ada Class Meetings
♦ Held during the first month of each semester during lunch. Pizza is provided.
♦ Meet your class officers
♦ Class dues of $25 are collected at this time. If this is a hardship, speak with the Treasurer.
♦ You are strongly urged to attend these meetings. Meeting times are announced via email and posted on the Ada blog.

Ada Student Cabinet
➢ The Cabinet includes a President (or two Co-Presidents), a Vice-President, Treasurer, Secretary, Historian and many other positions.
➢ Elections for the Ada student cabinet are held each spring.
➢ Positions not filled are posted for fall elections, which are held during the first cabinet meeting in the fall.
➢ All Adas can vote for their choices of cabinet members.
➢ The elected members represent you and your voice in the Smith community.
➢ Cabinet meetings are open to the entire class. Cabinet meeting time and location is announced at the beginning of each semester.

Please consider participating in student government. It benefits both the Ada class and the entire Smith community.
SPECIAL ADA ACTIVITIES

Peer Mentor Program
This program was developed to assist entering Adas with their transition to life at Smith College and Northampton. The program is operated by current Adas who are paired with one or more entering Adas, providing new Adas an opportunity to become connected to the Ada community before classes begin. Peer Mentors are available to answer questions ranging from logistical issues to basic academic concerns. During orientation, there is a lunch for everyone to meet and there may be other events to support mentorship throughout the year.

Ada Family Picnic
The Ada picnic is a class-sponsored event which takes place shortly after classes begin in September. It's a fun get-together for Adas and their families.

Ada Luncheons and Teas
Held every semester, lunches and teas are another way for Ada Comstock Scholars to meet each other. The Ada office subsidizes the cost of the Fall Luncheon for a meal together and a unique opportunity to meet other Adas. Sid Dalby hosts a few small lunches in Hopkins each term for Adas to get to know each other; sign-up sheets are posted in Hopkins.

Lunch with Marge
The Assistant Dean of Students sponsors a luncheon for all AC students at the end of September.

Faculty Wine and Cheese Parties with Ada Comstock Scholars
We organize this informal and unique social gathering once each semester as an opportunity for Adas to become better acquainted with their professors. Since Adas provide the food, it gives you a better chance to dazzle faculty and classmates with your culinary expertise!

The Ada Monologues
A recent addition to the list of Special Ada Activities is the Ada Monologues. Fashioned after the renowned Vagina Monologues, Adas write a short personal story of how they arrived at Smith. The stories are read by the authors and if there’s a case of stage fright another Ada may volunteer to read it! The performance is held during or around Ada Awareness Week in the spring semester.
**Senior Send Off**
This event is a very special tradition where Adas gather together to wish the seniors well and to celebrate their upcoming commencement. Some seniors read from their "State of the Heart: Today I Feel" statements, which they completed during their initial orientation to the Ada Program. It is a very moving event! Champagne, non-alcoholic beverages, and dessert are served. All non-seniors are highly encouraged to attend. An informal dinner is held for J-grads at the end of fall semester.

**Illumination Night Celebration**
This annual event occurs the night before commencement when the Smith campus is illuminated with Chinese lanterns. A celebration party is held honoring the Ada Comstock graduating seniors. This party is open to all Ada Comstock Scholars, their guests, and Ada alums.

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**CAMPUS LOCATIONS TO RELAX & STUDY**

**Ada Comstock Lounge ~ Hopkins House garden-level**
An on-campus lounge for exclusive use by Adas is located in Hopkins House. Amenities include a kitchenette, bathroom, television, computer, couches, lockers, tables and chairs. This is an excellent area for Adas to meet, eat, and relax. There is also a view of Paradise Pond! Hopkins Lounge is available to all Adas 24/7 during the school year and can be accessed with the Smith OneCard. Kids accompanied by parents are welcome in Hopkins Lounge, but please be respectful of people who are trying to study.

**Campus Center**
This unique space contains the mail center, meeting rooms, Grécourt Bookshop, and the Campus Café where Adas can gather informally for lunch or grab a meal on the go.

**Seelye Hall Basement**
There are a lot of postings on the bulletin boards that are located in the basement of Seelye Hall including postings for used books, odd jobs, lectures, and other announcements. This is also where the Technology Learning Commons is located (see below).

**The Technology Learning Commons (TLC)**
The TLC is Smith’s staffed computer lab on campus. Located in the basement of Seelye, the TLC also has tables, couches, chairs, and whiteboards available in addition to several computer and scanning stations.
**Campus Lounges**
Here’s a list of places where one can study or simply relax. Or have a fun exploring the campus and find your own favorite spot!
- Clark Corner Sabin-Reed Hall
- The Gamut Performing Arts Center Green Street
- Bass Hall Yellow room
- Neilson Lounge Level B ~ Neilson Library
- Smith Museum Atrium
- Wright Hall
- Ford Hall Atrium
- Graham Hall

**Athletic Facilities**
The athletic facilities at Smith College are extensive and offer a nice break from a hectic study schedule. The combination of two gyms with a fitness center, swimming pool, rock wall and squash and tennis courts, and an indoor track, affords opportunities for participation in many sports.
All of these facilities are available to Ada Comstock Scholars with your Smith OneCard. Family members may use the facilities when accompanied by a student, and there are designated hours for family swim. Smith students may bring up to three guests to the gym.
With a Smith OneCard, students can also check out various pieces of equipment including but not limited to:
- Tennis or squash rackets
- volleyballs
- rollerblades

Be sure to also check out free fitness classes offered through the Get Fit Smith program. Classes include yoga, pilates, Zumba, spinning, and much more. Schedules are posted at the beginning of each semester. See smithpioneers.com for more information, or “like” Get Fit Smith on Facebook.

**CAMPUS ATTRACTIONS**

**Smith College Museum of Art**
The collection started in 1879 and includes art from all periods, with a special strength in 19th century American and French works. The Museum provides gallery talks, special exhibitions, lectures, and occasional bus trips. There is a gift shop with many unusual gifts.
Lyman Plant House & Surrounding Gardens
The Smith campus is an arboretum, designed by noted architect Frederick Law Olmsted, and most of the trees and shrubs are labeled. Make sure to pay a visit to the Botanic Garden and Lyman Plant House. Banana trees with ripe bananas and orchids in full bloom are inspirations during dreary winter days. There are plant shows every March and November.

Paradise Pond
The small pond, which flows with the Mill River, provides a place for fun water or ice activities during each season. Canoes, rowboats, and kayaks are available at no charge from the Boat House. Check out a boat on a sunny day and study as you float on the pond.

♦ Your Smith College OneCard is needed to check them out
♦ If you want rent a boat, you must take a swim test; tests are given in the fall.
♦ Canoes may be used only by those who take a canoeing test on Paradise Pond

Winter Activities:
♦ Ice-skating when the pond freezes!
♦ Never assume that the ice is completely frozen; heed posted warnings.
♦ Prefer land? Try the scenic walking/running path around the pond.

MEDICAL INSURANCE

-----ALL COLLEGE STUDENTS IN MASSACHUSETTS MUST HAVE MEDICAL INSURANCE!-----

General Medical Insurance
Adas who already have insurance and do not opt for the Smith Health Insurance Plan must submit the following information to the Office of Student Financial Services:
➢ Insurance waiver
➢ Alternate coverage information

Ada Comstock Scholars with personal insurance (NOT the Smith Health Plan) are eligible to see a Health Services physician, nurse practitioner, or counselor if needed. However, you MUST have completed and returned your pre-admission health form (insurance waiver and alternate coverage information) you received prior to entering Smith!
Note to members of Health Maintenance Organizations or other pre-paid health plans:

Investigate the details of your plan regarding reimbursement for care received “outside” that plan (i.e. from Smith Health Services). You may wish to continue your association with another health plan through COBRA. Contact that organization.

SMITH HEALTH INSURANCE PLAN

Contact Gallagher Koster Insurance Company directly: phone: (800) 456-3753 or email: SmithStudent@gallagherkoster.com. Website: www.gallagherkoster.com/Smith.

To inquire about their dental and eye care programs visit:
EyeMed Discount Vision Plan
Website: www.enrollwitheyemed.com
Phone: 1-866-839-3633
Basix Dental Savings and CampusFit
Website: www.basixstudent.com
Phone: 1-888-274-9961

Dependent Care
It is YOUR responsibility to enroll your family directly with the insurance company.

Alternative Insurance for Children
MassHealth: 1-888-665-9993 (see also: www.massresources.org)
State Children’s Medical Security Plan (CMSP): 1-800-909-2677
(see also: www.cmspkids.com)

Smith College Health Services are located at 21 Belmont Avenue and can be reached at 585-2811 (see also: http://www.smith.edu/health/index.php).
*Excluding dependents, Ada Comstock Scholars with private health insurance plans may still use Health Services. The website below contains a breakdown of coverage and fees.
http://www.smith.edu/health/medical_fees.php
The Role of Ada Comstock Scholars in the SGA
➢ Ada Comstock Scholars elect students to represent their interests in the SGA in the following positions:
  ♦ Class President or Co-Presidents – sits as Ada class representative on SGA.
  ♦ Class Vice President – Ada class representative to student Senate
  ♦ 2 senators to represent the Ada class. Adas have the opportunity to hold other senate positions which are elected in the campus-wide general election.

Committees
The SGA announces open committee positions in early September. This is an opportunity to become involved with student, faculty, or administrative committees which can offer knowledge and experience beyond that learned in the classroom. There are positions on the following committees that one can apply to: the Curriculum Committee, The Honor Board and the college conduct board for Adas (the college conduct board requires that you have an accumulation of 64 credits in order to apply).

Student Clubs and Organizations
The SGA allocates a large amount of its yearly budget to more than 100 student organizations and clubs of various kinds, including departmental major clubs. Majors with clubs meet regularly and are also open to non-majors. Club meetings are posted on bulletin boards. The Smith Social Network (https://socialnetwork.smith.edu) is a great way to find an organization and to interact with other members online.

SMITH TRADITIONS

Campus Colors
According to the college archives, the college color is white--hence, the white dresses for Ivy Day and the Alumnae Parade. In the 1970s, the athletic teams began wearing blue and white for competition (blue uniforms were easier to clean). The logo uses the colors blue and gold for a modern look on the traditional white.

Convocation
Convocation takes place the night before the opening of classes in September. The faculty marches in wearing academic robes. There are a few short speeches by the president of the
college and Student Government Association (SGA), music by the Smith College Glee Club, and lots of cheering. It is a loud and raucous beginning for the year. Adas usually sit together in front.

**Mountain Day**
Mountain Day is a surprise college holiday during the fall semester. Smith’s President chooses a beautiful fall day at random, and announces that classes are cancelled by ringing the college bells. All students are encouraged to enjoy the outdoors. The college provides picnic lunches for students living on campus. Adas usually create a phone tree system to notify each other, especially those living off-campus.

**Otelia Cromwell Day**
Every November, Otelia Cromwell Day honors Smith’s first African-American graduate with an annual day of workshops, lectures, films, and entertainment. Afternoon and evening classes are cancelled so students can attend the events. The symposium continues the college’s efforts to create a diverse and multicultural community.

**Rally Day**
Rally Day is a college holiday held in February, celebrating the Smith community. The college President awards ‘Smith College Medals’ to distinguished alumnae, and a prominent speaker addresses the student body. Rally Day is also the first day seniors may wear their commencement robes. Instead of mortarboards, the seniors wear colorful, fun hats of their own--the more outlandish, the better!

**Ivy Day**
One of the special events on the Saturday of Commencement Weekend brings together seniors and alumnae to celebrate the students’ transformation into alumnae. The day begins with the alumnae march, from the oldest to the youngest classes, through two lines of seniors wearing white dresses and holding roses. After the march, junior ushers, carrying a laurel chain, symbolizing the college ivy, lead the seniors into the Quad where the graduating class plants ivy sprigs at the base of a campus building. Prizes and awards are announced by chief administrators.
Smith College provides computer resource centers for students in multiple locations across campus. All student resource centers are equipped with Macintosh computers, Windows computers, and laser printers.

In the resource centers, students can access Microsoft Office for Macintosh and Windows, academic courseware, Five College library resources, and internet resources including TARA (Technology And Resource Advisor), the ITS self-help website, http://www.smith.edu/its/tara/

There are staffed and unstaffed student resource centers. Your Smith OneCard provides door access to the unstaffed 24-hour centers. Visit the ITS web site for hours and locations. For further information about these resource centers, contact the Resource Center Manager, 585-3099.

Beginner and advanced workshops are available throughout the academic year. There is also a computer purchase plan available for students. Call the Computer Store at 585-3027 for information

**GRECOURT BOOKSHOP ~ Campus Center, lower level**

The bookstore sells new and used textbooks, school supplies, book bags, and sportswear.

*Tips when purchasing books*
- Attend classes before purchasing your books and save your receipts!
- Be sure you are buying the exact edition your professor requires
- Expect long lines at the beginning of each semester!
ADA COMSTOCK SOURCES OF INFORMATION

Web Sites
➢ The Smith College website at www.smith.edu includes links to the Lazarus Center for Career Development, BannerWeb, course information, libraries, college offices, etc. You can find information about most administrative offices and academic departments.
➢ The Smith Social Network features an Ada Comstock page. This is a very important source of information about upcoming Ada events and campus-wide events and news. Student leaders and Student Life staff will also post here regularly. https://smith.collegiatelink.net/
➢ The Ada Comstock Class Facebook pages are great ways to connect with other Adas, whether they are current, prospective or already graduated. https://www.facebook.com/ada.comstockclass https://www.facebook.com/groups/adacomstockscholars/
➢ The Smith Portal is a customized web site from which Smith students, faculty, and staff can access many Smith web-based services and information sources from a single sign-on. https://portal.smith.edu/

ID CARDS, MAIL, LOCKERS, ETC.

Identification Cards
The Smith OneCard is the Smith College ID card issued to all Smith students, faculty, and staff. In addition to identifying your status at Smith, your OneCard is your interface to the OneCard Transaction System which supports a variety of services on campus, including:
➢ Library circulation
➢ Dining services in Smith residence houses
➢ Door access
➢ Access to Campus Cash
➢ Printing from campus computers

The Smith OneCard is also the only accepted means of identification for the following activities:
➢ Receiving exams
➢ Writing checks in the bookstore
➢ Using athletic equipment and facilities
➢ Receiving student rates for college activities
➢ Activities and facility use at the other four colleges
If your card is lost or stolen, notify the college immediately. A replacement card will be issued for a fee. Go to http://www.smith.edu/its/onecard/index.html for further information.

**Campus Mail and E-mail**
All on campus mail will be delivered to the mail center in the Campus Center. If you have mail you will be notified via email. In addition, important college information will be sent to your Smith email account. It is important to read all notices that are sent to you! Check your Smith email often. It is essential to keep the registrar and the class deans’ office informed of any name or address changes.

**Lockers ~ Where can I find them?**

- **Ada Lounge in Hopkins House**
  - 40 lockers available on first come basis
  - Supply your own padlock
  - Contact Ada Comstock Coordinator on cabinet

- **Small gym-size lockers available in the Ainsworth/Scott Gymnasium**
  - Register at the main office on the first floor of the gym
  - Minimal deposit

- **Unassigned lockers in the women’s locker room in Ainsworth Gym**
  - You must register at the main office
  - Supply your own padlock and the locker is yours for the year

- **15 lockers, specifically for Adas, available in the Seelye Basement**
  - Available on a first-come basis
  - Supply your own padlock
  - Contact the Ada Comstock Coordinator if you need one

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**The Northampton Community**

*NOTE: This section contains information collected by Adas that may be useful as you in settle in the Northampton community. The following information is meant to include tips and contact information, not endorsements. If you discover errors, please do not hesitate to contact the Ada Class Coordinator with corrections for the online handbook. Unless otherwise noted, ALL*
PHONE NUMBERS ARE IN NORTHAMPTON, AREA CODE 413; Springfield, Greenfield, and other outlying towns are outside the local calling area and you will need to dial 1-413.

Always your best bet...

Swap Services
If you know how to cut hair, sew hems, fix bikes, or baby-sit, trade your expertise with another Ada who can help you with your needs. Helping each other is the most important service we can provide, even if helping is simply quizzing an Ada on her test material. Companionship and support have great value.

Northampton Freecycle
Is an online network where you can connect with other members who are getting rid of unwanted items that you may need, or who want items you have to give away. ALL items posted are 100% FREE. Freecycle allows for personal contact between donor and recipient. The donor gets rid of some clutter and the recipient gets something they need for free, reducing the volume of trash. Go to http://groups.yahoo.com/group/FreecycleNoho/ for more information.

Auto Repair

ARC Garage. 320 Riverside Drive (near the high school) – 584-7098.

Auto Glass Specialists, Inc. 297 Pleasant Street. 586-8388.

Burke Chevrolet. 200 N King St, Northampton, 267-3445

Cahillane Auto Body. 32 Damon Road. 584-8351.

City Auto Repair. 110 Pleasant Street. 584-6000.

Competition Motors (Jay). 8 Pearl Street. 584-5496.

Country Hyundai. 347 King Street. 774-3122.

Country Nissan. 40 Russell Street, Hadley. 774-3121.
Duffy’s Front End Service. 200 Bridge Street. 584-3815.

Ernie’s Garage. 72 King Street. 584-6000.

ESP Auto. 15 Pleasant St, Easthampton. 527-1232.

Gateway Motors. 44 Elizabeth St, Northampton. 585-9488.

King Auto Body. 141 King Street. 584-1356.

Metrix Auto. 31 Chapel Street, Northampton. 586-5943.

Northampton Tire (Russ & Mike). 182 King Street. 584-6221.

Northampton Transmission. 245 N King St, Northampton. 585-8688

Performance Motoring Inc. 315 Russell Street (Route 9), Hadley. 584-6090.

Pleasant Journey Used Cars, Inc. 459 Pleasant Street, Northampton. 586-8150.

Toad’s Kin Car Company. 5 Middle Street, Florence. 584-5102.

Banks

There are several banks conveniently located within the downtown area. To find out about the services they offer, contact each bank individually.

Bank of America. 144 Main St, Northampton; 52 Main St, Easthampton. All locations, (800) 432-1000

Easthampton Savings Bank. 36 Main Street Easthampton; 21 Locust Street, Northampton; 102 Main Street, Northampton. All locations, 527-4111 (ATM in the lower level of the campus center).

Florence Savings Bank. Branches at 58 Main Street, Northampton; 176 King Street, Northampton; 85 Main Street, Florence. All locations, 586-1300. Free checking available!

Northampton Cooperative Bank. 67 King Street. 584-4474.

TD Bank. 175 Main Street. 584-4400.

UMASS Five College Credit Union. 243 King Street / Suite 105. 256-5500
Childcare

Since childcare needs vary greatly depending upon the ages of your children, your childcare needs must be met individually. Northampton does have a fair number of day care centers and pre-schools. Northampton and Amherst are packed with a variety of extra-curricular activities for children of all ages. The public libraries are a good place to find brochures about on-going programs, vacation and summer camps, and workshops of all kinds. The Daily Hampshire Gazette and the weekly Advocate (free around town) newspapers are good sources as well. Here are a few other suggestions:

Alternative Childcare (babysitters). One of the most effective ways to find babysitting resources for times when your child may not be at day care is to talk to other Adas who have young children. If they don’t have suggestions for babysitters, they might be willing to share childcare, with each parent taking turns. You may also find traditional students who are very willing to baby-sit.

Appletree Cooperative Nursery School. Main Street, Haydenville. 268-7434.

Cloverdale Cooperative Nursery School. 130 Pine Street, Florence. 586-1106

Community Action! Hampshire County, 56 Vernon Street, Northampton, 582-4230, Fax: 582-4248. Franklin County, 393 Main Street, Greenfield, 774-2318, Fax: 773-3834

Hampshire County Headstart. 56 Vernon St, Northampton. 387-1250.

Meadowlark Day Care Center. 283 Prospect Street, Northampton. 586-1951.


Sunnyside Childcare at Smith. 557 Easthampton Road, Northampton. 585-2293. Top quality childcare!

YMCA (Hampshire Regional). Offers after-school and before-school care for school-aged children. 286 Prospect Street, Northampton. 584-7086.

Children’s Programs

In addition to after-school and summer programs, many schools in the Pioneer Valley offer alternatives to traditional public schools. Consult with other parents to learn about the broad spectrum of possibilities, including scholarships to private schools. Here are some additional suggestions:
Amherst Leisure Services. This is a great source for information about youth organizations. They offer a multitude of programs and they have their own subsidy plan available for those who qualify. 70 Boltwood Walk, Amherst, 259-3065.

Forbes Library. Offers a scheduled story hour, free movies, and many more children’s programs every week. 20 West Street, Northampton. 587-1011.

Jones Library. This library has an extensive list of area summer camps, both day and overnight. There is also a listing of special children’s programs in the area. 43 Amity Street, Amherst. 259-3090.

Look Memorial Park. North Main Street, Florence. 584-5457. Summer camp programs, sprinkler water park, bumper and pedal boats. BBQ facilities, jungle gyms, small animal zoo, mini golf and lots of play and walking areas. Small entrance fee for drivers, or seasonal passes.

Northampton Community Music Center. 139 South Street, Northampton. 585-0001.

Northampton Recreation Department. 90 Locust Street, Northampton. 587-1040.

People’s Institute. Offers after school activities such as gymnastics, arts and crafts, cooking, etc. 38 Gothic Street, Northampton. 584-8313.

Skating Club of Amherst. 253-6388.

YMCA (Hampshire Regional). Membership fee is required, but some financial assistance is available. Has an active swimming program, as well as gymnastics, ballet, karate, arts and crafts, etc. Also offers after-school and before-school programs. 286 Prospect Street, Northampton. 584-7086.

**Discount Retailers**

Acme Surplus. Basement of Thornes (150 Main St.), Northampton. 586-1122. Deep discounts on a wide range of popular school supplies, plus backpacks, clothing, kitchen supplies, hardware, and more.

Big Lots. 178 N. King St., Northampton (Walmart shopping center). 585-9355. Closeout-price retail items, including toys and furniture.

Deals and Steals -- Clothing & Footwear. 76 Pleasant Street, Northampton. 586-5654.
Deals and Steals -- Discount Natural and Organic Food. 7 Pearl Street, Northampton. 586-5654.

Ocean State Job Lot--worth the drive to Holyoke!

**Computer/Office Supplies**

**Acme Surplus.** Basement of Thones (150 Main St.), Northampton. 586-1122.

**College Pro Computers.** 206 Russell Street (Route 9), next to the Hadley Pub in Hadley. 584-8857.

**Smith Computer Store.** Computers and supplies – Smith will provide free support to all Smith-bought computers; other supplies and software available. Payment installment plans may be available when purchasing a computer. Stoddard Hall 22, Smith Campus. 585-3027.

**Staples.** For cheap reams of 8.5 x 11 white bond paper. 125 Westgate Center (Route 9), Hadley. 253-2599.

**Yes Computers.** Specializing in Macs. 196 Pleasant St, Northampton. 585-0007.

**Crisis and Counseling Services**

**24-hour Domestic Violence Hotline:** (413) 586-5066 or 1-888-345-5282. Safe Passage, Northampton.

**24-hour Rape Crisis Hotline:** (413) 584-0800. Center for Women and Community, UMass Amherst.

**24-hour Suicide Crisis Hotline:** (413) 586-5555 or 1-800-322-0424. Service Net Emergency Service, Northampton. For a directory of Massachusetts and national suicide crisis hotlines, visit <http://www.suicidehotlines.com/massachusetts.html>.

**First Call for Help.** An information and referral program plus the emergency fuel bank. It has every kind of assistance available in the area and links people to available county resources. (800) 339-7779, or 582-4237.

**Berkshire Children and Families.** 220 Russell Street, Hadley. 584-5690. Parenting help and groups. Support and resource center.
Counseling Services at Smith College. Students receive eight free sessions per academic year, and counselors can provide referrals in the area for longer-term care. 69 Paradise Road. 585-2843.

Center for Women and Community, UMass Amherst. Offers a variety of counseling, workshops, lectures, and referral services. Excellent feminist counseling available. The CWC maintains an online database of human service providers (legal advice, equal opportunity resources, healthcare, etc.) in Hampshire County, including counseling services by specialty: <http://www.umass.edu/ewc/rr/iris_web/irispag1.htm>. CWC staff members are also happy to connect you with local service providers by telephone, email, or on a walk-in basis. For more details, call 545-0883.

Parents Helping Parents. This parent support group meets weekly at St. John’s Episcopal Church (with the playground you can see from campus). This group is for parents who are looking to improve their relationship with their children. Free, confidential, and childcare is available. 1-800-632-8188.

Safe Passage. An organization for battered women and their children, including a hotline, legal/court advocacy, shelter, childcare, administration, fundraising, and internships. 43 Center Street, Northampton. 586-1125.

ServiceNet. If you don’t have Smith Health Insurance, or you find that the Smith Counseling Service does not meet your needs, ServiceNet has counselors and a sliding fee plan to help with financial difficulties. 129 King Street, Northampton, 585-1300.

Tapestry Health Systems. Confidential HIV testing, STI screening, abortion counseling, and family planning services and counseling are available. 16 Center Street, Northampton. 586-2539.

Health Services

If you are on the Smith College Health Plan, you must check with Health Services before seeking outside care or your insurance will not cover the treatment.

Chiropractors


Klemer, Katherine. 26 Market Street, Northampton. 584-7949.

Novak, Edward M. 190 Russell Street, Hadley. 584-8976


**Dentists**

**Amherst Dental Group.** Open Mondays until 7pm. 650 Main Street, Amherst. 253-9582.

**Cochrane Dental -- Dr. Rebecca Cochrane, DMD, PhD.** Walking distance from campus. Family dentistry. 264 Elm Street Suite 11, Northampton. 584-1301.

**Drs. Clayton, Kleinman and Canby.** 243 King St, Ste 112. 584-5199.

**Fasten, Sander, DMD.** 12 Center Street, Northampton. 586-4510.

**First Advantage Dental.** Takes Smith College Dental Program. 241 King St # 120, Northampton, 585-5425.

**Freed, Barbara, DMD.** Smith Alumna. 28 University Drive, Amherst. 549-3608.

**Holyoke Dental Associates.** 610 South Street #3, Holyoke. 533-8378.

**The Holyoke Health Center.** 230 Maple Street, Holyoke. 420-2200.

**Kantor, Howard, DDS and Marie Tremblay, DMD.** Dentistry for children and adolescents. 193 Locust Street, Northampton. 584-7773.

**Klepacki, Mark.** On the bus route. Evening appointments available. 190 Russell Street, Hadley. 586-3306.

**Northampton Dental Group.** Cosmetic and family dentistry. 51 Locust Street #2, Northampton. 584-3741.

**Rigali and Walder Orthodontics.** 169 N. Pleasant Street, Amherst. 253-0001.

**Small Smiles.** Takes most insurance and MassHealth. 2285 Northampton St, Holyoke, 534-8700

**Traft, Jeffrey A, DDS.** 16 Center Street, Northampton. 584-3721.

**Wohl Family Dentistry.** 269 Locust Street, Suite 3, Northampton. 586-6180.

**Eye Doctors**

**Eye Physicians of Northampton.** 40 Main St #106, Florence, MA 01062. 584- 6422.

Free Eyeglasses for Children: The Community United Way has been chosen to work with Lens Crafters Foundation to provide free eye exams and glasses to children (ages 6 – 18 years of age) of low income. If you know of any children who are in need of glasses and would benefit from this free program, please call the Community United Way First Call service at (413) 737-2712, Monday through Friday from 8:30 am to 4:30 pm.

Physicians

Baystate Urgent Care. 325 King St. 387-4100.

Cooley Dickinson Hospital Emergency Room and Fast Track. Medical services always available. 30 Locust Street, Northampton. 582-2000.

Women’s Health Care of Cooley Dickinson Hospital (formerly Hampshire OB/GYN). 61 Locust Street, Northampton. 584-2303.


Northampton Internal Medicine. 190 Nonotuck St #105, Florence. 584-9511.

Northampton Physical Therapy Clinic (Linda Beaulieu). 17 South Street #102, Northampton. 582-0005.

On Call Urgent Care Center. Mon-Fri 9am – 9pm, Sat and Sun 9am-5pm. 51 Locust St, Northampton, 584-7425.

Pioneer Valley Family Medicine. 325 King St, Northampton. 387-4100.

Thomas, Russ, MD. Community Health Center of Franklin County, 489 Bernardston Road Suite 108, Greenfield. 325-8500.

Valley Medical Group. 70 Main Street, Florence. (413) 586-8400.

Veterinarians

Florence Animal Clinic. 185 Locust Street, Northampton. 584-9477.
VCA Boston Road Animal Hospital. 24-hour emergency hospital. 1235 Boston Road, Springfield. 783-1203.

The Cat Hospital. 139C Damon Road, Northampton. 586-2287

Lichtenberg's Veterinary Hospital. 2 Belchertown Road, Pelham. 253-7797.

Mobile Vet of Western Massachusetts. Dr. Robert G. Sidorsky. House call veterinary care; emergency visits made on a case-by-case basis. 372-6060.

Northampton Veterinary Clinic. 227 South Street (Route 10), Northampton. 584-6309.

North King Animal Clinic. Good with small animals. Hours by appointment. 436 N King Street, Northampton. 584-9178.

Valley Veterinary Hospital. Boarding available. 320 Russell Street (Route 9), Hadley. 584-1223.

Veterinary Emergency and Specialty Hospital. 24-hour emergency hospital. 141 Greenfield Road, South Deerfield. 665-4911.

Laundromats and Dry Cleaners

Green Street Laundromat. 44 Green Street, Northampton (in the basement).

Main Street Cleaners. 221 Main Street, Northampton. 586-4359.

Market Street Laundry. 17 Market Street, Northampton. 531-8788.

Masonic St Maytag Laundry. 18 Masonic Street, Northampton. 586-6995.

Finding Housing

Finding off-campus housing in Northampton is easier with the help of these websites.

Craigslist Western Massachusetts. http://westernmass.craigslist.org/


Rent NoHo – This is through a broker, but has a lot of listings. http://www.rentnoho.com/
**UMass Off Campus Student Services** – a good resource for both finding places to rent and connecting with incoming graduate students looking for co-renters. [http://www.umocss.org/](http://www.umocss.org/)

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**Housing Assistance**

NOTE: A word of advice to anyone thinking of applying for subsidized housing. The waiting list for most of these programs can be a year and a half or longer. Subsidized housing is most difficult to find in Northampton, but easier in surrounding towns.

**Housing Allowance Program.** If you are eligible for subsidized housing, the Housing Allowance Program located at 135 State Street in Springfield (1-800-332-9667) is probably the best agency to turn to for help. Eligibility is determined according to family size and income/eligibility criteria is very broad. Under this program, one pays a percentage of income towards rent directly to the landlord, while the Housing Allowance Program pays the remainder through a state subsidy.

**Northampton Housing Authority.** The Northampton Housing Authority has two developments – one in Florence and one in Northampton (on Bridge Road off King Street). Selection is determined by income and availability. In addition, there is also scattered site housing available, whereby the tenant can locate an apartment in the community and obtain financial assistance similar to the Housing Allowance Program. For more information about Section Eight housing in Northampton, contact the Northampton Housing Authority at 81 Conz Street, Northampton, 586-0170. (These apartments are usually full and have a waiting list.

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**Public Libraries**

**Forbes Library.** A wealth of resources can be found here. Calvin Coolidge memorabilia, local history, films, videos, DVD, records, periodicals, and books. Cards are available to any Massachusetts resident with proof of residency. Excellent children's department that offers story hour and movies. 20 West Street, Northampton. 587-1011. Children’s Department: 584-3970.

**Jones Library.** Cards issued to Massachusetts residents. Contains a good collection of Robert Frost materials in the Special Collections Department. Good selection of mysteries. Large children’s room. 43 Amity Street, Amherst. 259-3090.
Local Newspapers

The Daily Hampshire Gazette. Published daily except Sunday. The Hampshire Life section on Friday is a good source of local activities, entertainment, etc. http://www.gazettenet.com/

Valley Advocate. An alternative paper published weekly and distributed on Wednesdays. It is free and available at local restaurants and newsstands. Publishes a “Best of the Valley” list in September, rating area businesses and services. Also lists personals and highlights local nightlife. http://www.valleyadvocate.com/.

Popular Hangouts

Cafe Evolution. Vegan. 22 Chestnut Street, Florence, 586-0200

The Foundry. Co-owned by a Smith alumna. 24 Main Street, Northampton. 584-1111.

Haymarket Café. Very casual “feed and read”. Vegetarian café featuring coffee, juices, pastries, and great lunch and dinner fare. 185 Main Street, Northampton. 586-9969.

Northampton Brewery. Live music on Sunday nights. Wide choice of on-premises brewed beers. Outdoor patio for the summer. 11 Brewster Court, Northampton. 584-9903.

Northampton Coffee. 269 Pleasant Street, Northampton. 587-8987.


Sip Coffee & Tea Bar. 8 Crafts Avenue, Northampton. 727-3432.

Woodstar Cafe. Great coffee and famously delicious bakery items. 60 Masonic Street, Northampton. 585-9777.

Restaurants

There are so many of these it’s hard to choose, but here are some favorites:

Amanouz Café. Moroccan. 44 Main Street, Northampton. 585-9128.

Bluebonnet Diner. Good, local home cooking. 324 King Street, Northampton. 341-8696.
Bela. Vegetarian. 68 Masonic Street, Northampton. 586-8011.

Bueno Y Sano. Mexican food. 134 Main Street, Northampton, 586-7311.

Alina’s. Italian. 96 Russell Street (Route 9), Hadley. 584-8000.

Eastside Grill. 19 Strong Avenue, Northampton. 586-3347.


Filos Greek Taverna. 279 Main St, Northampton. 586-3456. Delicious wood fired pizza and traditional Greek food. Owned by a Smith alumna and her husband!

Fitzwilly’s. 23 Main Street, Northampton. 584-8666.

Joe’s Café Spaghetti and Pizza. 33 Market Street, Northampton. 586-5637.

India House. 10% student discount on take-out, Sunday through Thursday. 45 State Street, Northampton. 586-6344.


La Veracruzana. Mexican food. Moderate prices. 31 Main Street, Northampton. 586-7181.

Local Burger. Top-quality locally sourced beef at reasonable prices, plus great shakes and fries. 16 Main Street, Northampton. 586-5857

Miss Florence Diner. A real old-fashioned diner. $1.99 breakfast special on weekdays. 99 Main Street, Florence. 584-3137.

Packard’s. Cigars allowed. 14 Masonic Street, Northampton. 584-5957.

Paul and Elizabeth’s. Natural foods restaurant. Vegetarian and fish dishes. Thornes Marketplace, 150 Main St #5, Northampton. 584-4832.

Pizzeria Paradiso. Gourmet pizza, beer, and wine. Dinner only. 12 Crafts Avenue, Northampton. 586-1468.

Roberto’s. Great local pizza joint. 223 Pleasant Street, Northampton. 584-0204.

Siam Square Thai Restaurant. 84 Pleasant Street, Northampton. 582-1817.
**Spoleto Restaurant.** Serves exciting new and traditional Italian food in a casual environment. (Spoleto’s Express on King Street). 1 Bridge Street, Northampton. 586-6313.

**Sylvester’s Restaurant.** Homemade breads and soups. 111 Pleasant Street, Northampton. 586-5343.

**Taipei & Tokyo.** Japanese (sushi) and Chinese available. 16 Crafts Avenue, Northampton. 582-1888.

**Teapot.** Chinese and Japanese available, plus sushi. Open late & they deliver. 116 Main Street, Northampton. 585-9308.

**Thai Garden.** 2 Bridge Street, Northampton, 587-3336.

**Zen.** Pan-Asian, Asian fusion. 41 Main Street, Northampton. 582-6888.

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**Schools**

**Public Schools**

There are four elementary schools, one middle school, one high school, and one vocational high school in Northampton. School assignment is determined according to the district in which you live. Northampton also offers school choice, where families can opt to attend a school outside of their district (depending on availability of space). Contact the Superintendent of Schools, 212 Main Street, Northampton, for more information. 585-1328. There are also several public charter schools, such as Hilltown Elementary (Haydenville) and Pioneer Valley Performing Arts High School in South Hadley.

**Independent Schools**

There are a number of independent schools in the area. Here is a partial listing.


Smith Campus School. K-6. Small, laboratory day school to train Smith teachers on Smith Campus. Contact the Director’s Office, Gill Hall, or Smith College (x3270).


Miscellaneous Services

Federal Information Center. For information on federal taxes, federal jobs, veterans' benefits, Social Security benefits, passports, visas, etc. 1-800-688-9889.

H&R Block. 243 King Street ste 107, Potpourri Plaza, Northampton. 584-3155

Hampshire Community Action Commission (HCAC). This is the largest social service agency in Hampshire County. The agency serves as an umbrella for 14 different programs directed toward low-income people in the area. Programs in day care, food and nutrition, and welfare rights are some offerings. If the service you need is not provided, HCAC can refer you to the proper agency. Call the hotline for referrals and information: 413-582-4230.

Massachusetts Department of Transitional Assistance. This is the agency to call for foodstamps, MassHealth, emergency assistance, etc. 72-100 Front Street, Holyoke. 552-5400. Also in Greenfield, (413) 552-5400.

Some services (license renewals, etc) are available at AAA offices in Hadley and W. Springfield.

Northampton Chamber of Commerce. A wealth of information about the area is available in this office. 99 Pleasant Street, Northampton. 584-1900.

Northampton Post Office. 37 Bridge Street, Northampton. 584-0960. There is a machine available 24/7 for mailing packages and buying stamps.
Northampton Survival Center. Serves low-income residents by providing food, clothes, and some household items. A good place to go if you are having a hard time making ends meet. 265 Prospect Street, Northampton. 586-6564.

Social Security Administration. 536-3649 or 1-800-772-1213. Call this number to change your address. SSA lines are busiest early in the week and early in the month. If you are calling to arrange for direct deposit of your Social Security checks, call your bank before you call SSA.

State Tax Information. 1-800-392-6089.

Western Mass Legal Services. This agency has a sliding scale for legal services. Qualified, understanding attorneys and staff. 20 Hampton Ave, #100, Northampton. 584-4034.

Shopping

Northampton offers everything from trendy boutiques to discount department stores. This listing is to acquaint you with some stores that are conveniently located, reasonably priced, and/or fun and unusual.

Local Grocery Shopping

Big Y Supermarket. Double Manufacturer's coupons. Lots of “buy one, get 2 free” deals! 136 N King Street, Northampton. 584-6137.


Farmers Markets. There are many farms in the surrounding area making Northampton a great place for organic eating. There are two farmers markets a week in Northampton that run between April and November, one Tuesdays from 1:30pm-6:30pm (behind the Thornes shopping area) and another Saturdays 7am-1pm (right off Main St. on Gothic St.). The winter Northampton farmers market is on Saturdays from 9am-2pm in the basement of Thornes. This link will take you to a list of markets in the area: http://www.farmfresh.org/food/farmersmarkets.php?zip=01002

International Food Market. 206 Russell Street (Route 9), Hadley, MA. 585-9932.
Serio’s Market and Pharmacy. Small, family-owned grocery and drugstore a short walk from campus on State St. Includes butcher shop, deli counter, and fruit and vegetable section. 63 State Street, Northampton. 584-8980.

State Street Fruit Store and Deli, State Street Beer and Wine. Small, locally-owned grocery store close by. A variety of good produce and cheeses, and a sizeable gourmet food section. Liquor store next door. 51 State Street, Northampton. 584-2301.

Stop and Shop Supermarket. Double manufacturer’s coupons. 228 King Street, Northampton. 584-9200.

Trader Joes. 375 Russell St. (Route 9), Hadley. 587-3260.

Tran’s World Food Market. Yet another international food store!!! 50 Russell Street (Route 9), Hadley, MA. 586-6766.

Whole Foods. Natural foods supermarket, including meat, fish, deli, bakery, vitamins, and cosmetics. 327 Russell St. (Route 9), Hadley. 586-9932.

Clothing, etc.

Cancer Connection Thrift Store. Gently worn clothes for women and men, plus housewares and accessories. Their stock turns over quickly and they are only a mile walk from Smith! 375 South St. Northampton. 587-9999.

Faces. Cool, hip stuff you don’t really need but want! Clothes, toys, cards, household stuff, posters, etc. 175 Main Street #2, Northampton. 584-4081.

Goodwill. 971 Bridge Rd Northampton. 320-4911.

Marshall’s & Old Navy. Route 9, Hadley.

Priceless Kids. You can find some great, name-brand, quality children’s clothing here cheap! 243 Memorial Ave, West Springfield. (Right off Exit 7 on 91 South – 1st right off the traffic circle). 733-8074.

Roz’s Place. Impressive selection of “hardly used” clothing. 6 Bridge Street, Northampton. 586-4381.

Second Showing. Beautiful, name-brand, second-hand clothing. 41 Princeton Street, Holyoke. 322-9875.

Salvation Army Store. 310 Russell St. (Route 9), Hadley. 582-0403.
The Hospice Shop. Thrift shop. 18 Bridge Street, Northampton. 586-0193.

**Bookstores**

Broadside Bookshop. 247 Main Street, Northampton. 586-4235.

Old Book Store. Buys and sells a wide range of used books. 32 Masonic, Northampton. 586-0576.

Raven Used Bookshop. 4 Old South Street #1 (around the corner from Thorne’s Marketplace), Northampton. 584-9868.

Barnes & Noble. 335 Russell St. (Route 9), Hadley. 584-2558.

**Department & Drug Stores**

Big Lots. 178 N. King St., Northampton (Walmart shopping center). 585-9355. Closeout-price retail items, including toys and furniture.

CVS Pharmacy. 90 Main Street, 584-2580 or 366 King Street, 586-8315.

Foster Farrar True Value. Hardware store. 145 King Street, Northampton. 584-8811.

Home Depot. 350 Russell St (Route 9), Hadley, 587-2790.

Radio Shack. 242 King Street, Northampton. 584-2420.

Serio’s Drug Store. Copy machine, money orders available. 63 State Street, Northampton. 584-8980.

Target. Hampshire Mall, 367 Russell St. (Route 9), Hadley. 586-5945.

Walmart. 180 North King Street, Northampton. 587-0001. Also Route 9, Hadley. 586-4231.

**Malls**

Hampshire Mall. Includes JC Penney, Target, roller skating, and a Cinemark Theatres ($5 movies with student ID and even cheaper matinee prices). Route 9, Hadley. On the bus line.

Ingleside Mall. Largest mall in the area. Includes Sears, Lord & Taylor, Gap, etc. Just off Route 91 South in Holyoke (exit 15). The Christmas Tree Shop has great bargains on all sorts of
household needs and gadgets. Not too far away, but a good trip to get off campus for a few hours.

**Mountain Farms Mall.** Includes Wal-Mart, Old Navy, Linens and Things, Whole Foods, Marshall’s, Barnes & Noble, and Michael’s Arts & Crafts. Next to Hampshire Mall on Route 9. The bus will take you to and from the mall for free during the semester.

**Thorne’s Marketplace.** Check out the many interesting shops and places to eat in this former department store. Just wandering through it is an experience! Make sure to stop by the seated massage on the 2nd floor: it’s a great stress reliever before exams. A dollar store is in the basement next to a natural food grocery store. Open late on Thursday nights. 150 Main Street, Northampton. 584-5582.

**Miscellaneous**

*A 2 Z.* Great science toy store (they also gift-wrap). 57 King Street, Northampton. 586-1611.

**Bruegger’s Bagel Bakery.** Good bagels. 96 Main Street, Northampton. 585-0275.

**Dave’s Pet City and Soda.** 104 N King St Northampton, 585-1170

**Things To Do**

**Parks**

**Arcadia Nature Center and Wildlife Sanctuary.** A Massachusetts Audubon Society reserve open to the public for a minimal fee. There are easy hiking trails throughout, which also provide for cross-country skiing during the winter. A Natural History Summer Day Camp is available for children. Route 10 between Northampton and Easthampton.

**Childs Park.** This park is approximately one mile from campus and is a lovely, relaxing place to eat lunch, study, or take a leisurely bike ride. Elm Street (Route 9), Northampton.

**Daughters of the American Revolution (DAR) State Forest.** Located on the western edge of the Pioneer Valley, DAR is best known as a camping and swimming recreational area. Within its acreage, however, are about 14 miles of foot and bridle trails and gravel & dirt roads. The most direct way to reach the forest from the Northampton area is to follow MA-9 (Berkshire Trail) 15 miles to Goshen and turn right (north) onto MA-112. The well-marked entrance to the forest is located on the right about a mile up. During the summer months, a small fee is charged for parking.
If you wish to avoid the parking fee, your other option is to drive north on Rt. 112 and then east on Rt. 116. From South Ashfield, follow paved Williamsburg Road south for about 3 miles and then turn right onto Ludwig Road taking you to the park's west boundary and a gate.

This information is taken from Hiking the Pioneer Valley, by Bruce Scofield.

**Look Memorial Park.** A year-round recreational park with picnic areas, tennis courts, miniature golf, outdoor theatre, duck pond, sprinklers in the summer, and other recreational activities. Cost is just a few dollars per car, with inexpensive season passes available. Just a couple of miles west, on Route 9, Florence.

**Northampton Bike Path.** This paved trail originates at the end of State Street and meanders several miles through wooded areas and Look Park into Leeds. A great place to bike, rollerblade, jog, or take a leisurely walk without the noise of traffic.

**Norwottuck Rail Trail.** A ten-mile path linking Northampton, Hadley, and Amherst along the former Boston and Maine Railroad right-of-way. Originates on the west side of the Connecticut River near the Coolidge Bridge (Route 9) and leads into Amherst. Part of the Massachusetts State Park system.

**Skinner State Park.** Approximately 7 miles from Smith, following Rt. 47 to South Hadley. The summit offers a view of the Valley that is well worth the trip. You can drive to the top or park at the halfway point and climb the rest. There is a hiking trail along the mountain range. Think about making this trip on Mountain Day.

**Theaters**

**Academy of Music.** Live theatre and music events. 274 Main Street, Northampton. 584-9032.

**Amherst Cinema.** Independent films. 28 Amity Street, Amherst. 752-1181.

**Calvin Theatre.** Live groups and performances. 19 King Street, Northampton. 586-8686.

**Cinemark at the Hampshire Mall.** Multi-theatre chain; accessible by the Amherst Bus (PVTA). Twilight movies start around 5:00 pm – cheaper than evening prices. Discount with student ID available all other times. Route 9, Hadley. 587-4237.

**Smith College.** The SGA plays top movies in Wright Hall or the Campus Center 2 nights per week. They’re free – right on campus. Bring your own popcorn & soda. Watch for the ads on the board in the Campus Center.
Transportation

Travel Ideas

In addition to the Chamber of Commerce, there is a travel information booth on King Street in Northampton, across from the Hotel Northampton. It’s a good source of information both for the Pioneer Valley area and the rest of New England.

Airports

Albany International Airport. Located about 2 hours West of Northampton. Easy access and parking; Southwest hub.

Bradley International Airport. North of Hartford, CT, Bradley (BDL) is approximately one hour from Smith. Bus service (Peter Pan) is available on a regular basis, at about $35 each way. Also, The Valley Transporter is a good source for a ride to the airport. The Smith SGA runs an airport shuttle during specific peak times (Thanksgiving and Winter Break), to Bradley.

Logan International Airport. Located in Boston, MA, approximately 2 hours from Smith.

Buses

The Five-College Bus System. This service is a subset of the bus services offered by the pioneer Valley Transit Authority (PVTA) and runs on a regular basis between the University of Massachusetts, Smith College, Amherst College, Mount Holyoke College, and Hampshire College. It is free to all riders during the school year, but during the summer there is a fee. The Smith College buses stop in front of John M. Greene Hall on Elm Street. Schedules are posted on the bulletin board there and are available on the bus. This service facilitates taking courses at the other colleges, as well as getting to know the area. For a map of bus routes within the Five College bus system, see https://www.fivecolleges.edu/bus. All Five College and other area bus schedules are posted at the PVTA website, http://www.pvta.com/.

Pioneer Valley Transit Authority (PVTA). The PVTA provides local bus service to area communities: Amherst, Florence, Holyoke, Springfield, Williamsburg, etc. PVTA trips that are not part of the Five-College Bus System are not free to students. All school and summer schedules are posted at http://pvta.com/.

Peter Pan Buses. One Roundhouse Plaza, Northampton. 586-1030, and 79 Amherst Street, Amherst. Hourly departures to Springfield, Boston, and New York City; also New England destinations, including Cape Cod. Make sure to ask for the student discount.
Taxis

**GoGreen Cab.** 2 Conz Street #34, Northampton. 586-0707.

**Valley Transporter.** Specializes in transport to Bradley Airport. 479 West Street #15, Amherst. 253-1350.

Trains

**Amtrak.** (1-800-872-7245 for schedules and reservations) Starting in 2015, there is one train available from downtown Northampton. Many more options are available from the larger station located in Springfield. Service to Boston, New Haven, and New York is available.

**Metro-North.** [http://www.mta.info/mnr](http://www.mta.info/mnr). If you can get a ride to New Haven, this train into NYC is only about $20 return. Parking right next to the train station is $11 for every 24 hours.

Worship

The local newspaper, the Daily Hampshire Gazette (584-5000) publishes a list of area churches, temples, and synagogues every Friday, with service times. The Helen Hills Hills Chapel on campus offers several services every week, both nondenominational and specific religious groups), including an hour of silent meditation. Check the Chapel's calendar, posted on their website, for details: [www.smith.edu/chapel](http://www.smith.edu/chapel) (x2750).
Words of Wisdom

Schedule time to relax. Exercise is a great stress-buster.

Explore town and campus to find your own favorite places.

Talk with your professors – go to their open hours. For many, Adas are their favorite students.

Don’t wait to ask for help. Never worry alone.

Enjoy yourself and your life at Smith. The time will fly by, so try not to have regrets.

When a Smith professor advises you to read the book, that’s exactly what you should do.

Get to know other Adas--and traditional students, too.

Take one step at a time; focusing on huge projects can be overwhelming. Just start... and plug away a little at a time.

Get involved your first year. Go to Convocation, Rally Day, Otelia Cromwell activities, etc. Climb a mountain or pick some apples on Mountain Day.

Remember that you do not need to attend everything – pace yourself.

If you are from a warmer climate, prepare yourself for winter weather (invest in good boots, hats and gloves).

Read your emails so you will be heads up about events, deadlines and opportunities!

If you live on campus, try to get off campus when you can.
If you live off campus, try to get on campus when you can.

Try to get settled before the semester begins.


Take naps!!!