

Thriving in the Valley

A BIPOC Smithies guide to
experience diverse resources in the Five College
Community in the Pioneer Valley

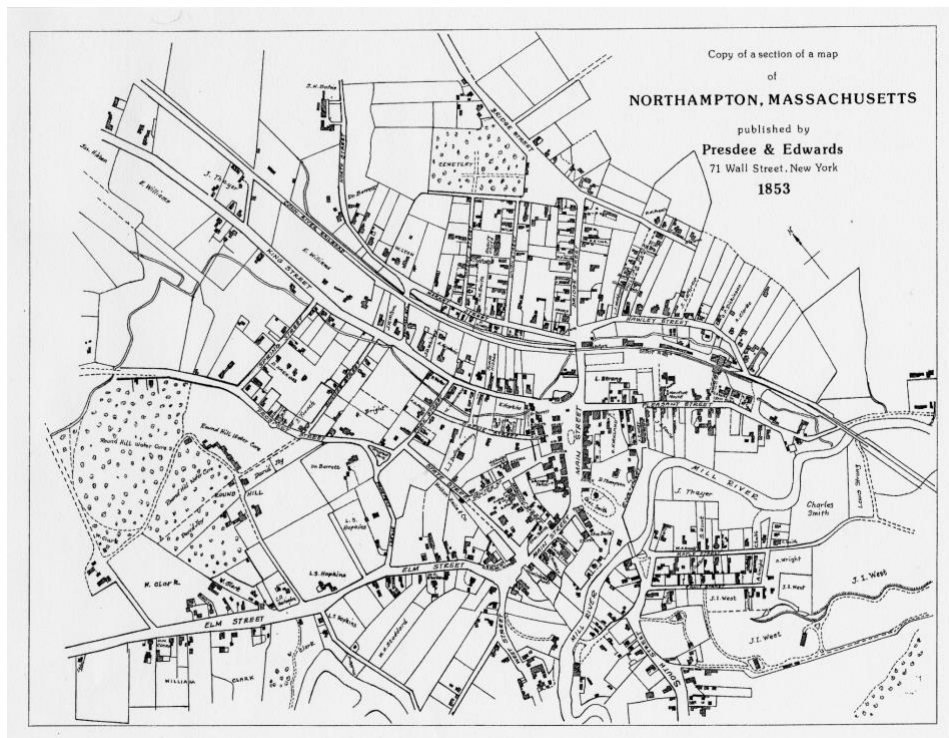


Created by Smith College
Office of Multicultural Affairs

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Table of Contents

Letter from the Dean	3
Five College Consortium	4-5
Restaurants	6-16
Beauty - Hair, Nails, Wax, Skin Care	17-19
Wellness & Healing	20
Fun and Outings	21-23
Social Movements and Organizing	24-26
Downtown Northampton Technology	27
Worship and Spiritual Life	28-32
Health and Emergency	33-34
Art, Dance, Music	35-36
Bookshops and Libraries	37
Heritage Exploration	38



Letter from Dean Richmond

Dear Smithie,

Welcome and Welcome Back to Smith College!

In 2012, the Office of Multicultural Affairs (OMA) created the *Thriving in the Valley Resource Guide* with a clear mission: to empower BIPOC students to fully engage with the Five College community and the Pioneer Valley. This guide, which has since evolved into a comprehensive resource, is valuable for navigating the area's various resources, cultural events, and opportunities.

The Five College community, consisting of Smith College, Amherst College, Mount Holyoke College, Hampshire College, and the University of Massachusetts Amherst, offers a unique and vibrant array of educational and social opportunities that contribute to the spirit of the Pioneer Valley. While you may already be familiar with the PVTAs buses for exploring beyond the Smith campus, the Valley offers a treasure trove of resources to help you adjust to the rural and beautiful landscape of Western Massachusetts while also finding access to specific foods, stores, religious and spiritual communities, or hair stylists.

This guide, a testament to the supportive community you're now a part of, results from a collaborative effort. It incorporates valuable input and recommendations from the Office of Multicultural Affairs (OMA), the Unity Presidents' Council (UPC), Unity organizations, the Mwangi student coordinators, and faculty and staff of color. The guide will be offered electronically on the Smith College Office of Multicultural Affairs website, the MwangiTalks weekly online newsletter, and print copies can also be found in the Mwangi Cultural Center.

If you have additional suggestions or spot anything that needs correction or updating, please email the Office of Multicultural Affairs at oma@smith.edu. A dedicated team will regularly update the guide to ensure it remains a helpful and up-to-date resource for all its users.

We wish you, resource seeker, an excellent academic year and hope this guide serves you well as you navigate the Pioneer Valley.

Warmly,

Dean Richmond

Note: a listing in this publication does not imply the endorsement of a product, nor does an omission imply the opposite.

Five College Consortium

Cultural and Identity Spaces

Amherst College

<https://www.amherst.edu/campuslife/our-community/multicultural-resource-center>

<https://www.facebook.com/pages/Amherst-College-Queer-ResourceCenter/507037519319731>

- Queer Resource Center (basement of Morrow Residence Hall)
- Multicultural Resource Center (Keefe Campus Center, Room 112)

Hampshire College

<http://www.hampshire.edu/studentlife/centerforfeminisms.htm>

http://www.hampshire.edu/studentlife/index_culturalcenter.htm

<http://www.hampshire.edu/studentlife/queercommunityalliancenter.htm>

- Center for Feminisms in Enfield (Wellness Building)
- Lebrón-Wiggins-Pran Cultural Center (893 West Street)
- Queer Community Alliance Center (893 West Street)

Mount Holyoke College

<https://www.mtholyoke.edu/student-experience/community-and-belonging/cultural-centers>

- Asian Center for Empowerment
- Betty Shabazz Cultural Center
- Eliana Ortega Cultural Center
- Zowie Banteah Cultural Center
- Jeannette Marks House

University of Massachusetts, Amherst

<http://www.umass.edu/multiculturalaffairs/>

<http://www.umass.edu/ewc/>

<http://www.umass.edu/stonewall/>

- Center for Multicultural Advancement and Student Success (CMASS)
- Center for Women and Community (CWC)
- The Stonewall Center

Smith College

- Resource Center for Sexuality and Gender (Basement of Wesley House)
- Unity House

- Mwangi Cultural Center (1st Level of Davis Center)
- Hills Hills Chapel (Reflection/Prayer Space and Hindu Altar Space)Hills Chapel
(Reflection/Prayer Space and Hindu Altar Space)
<https://www.smith.edu/about-smith/equity-inclusion/gender-identity-expression/resource-center-for-sexuality-and-gender>
<https://www.smith.edu/student-life/student-engagement>
<https://www.smith.edu/student-life/religious-life>
<https://www.smith.edu/about-smith/equity-inclusion>
<https://www.smith.edu/about-smith/multicultural-affairs>

RESTAURANTS | ETHNIC GROCERY STORES

Coffee Shops

Amherst Coffee

28 Amity Street, Amherst, MA 01002 | (413) 256-8987

<https://amherstcoffee.com/>

Chill haunt in a historic building with a bar offering coffee and cocktails along with tea & pastries.

Bluebonnet Diner

324 King St, Northampton, MA 01060 | (413) 584-3333

<https://www.bluebonnetdiner.net/>

Cafe Balagan

241 Main St, Northampton, MA 01060 | (413) 727-3990

<https://www.facebook.com/cafebalagan>

Catalpa Coffee

269 Pleasant St, Northampton, MA 01060 | (413) 727-3291

<https://catalpacoffee.com/>

Coffee, Pastries shop in downtown Northampton, MA.

Cushman Market and Cafe

491 Pine Street, Amherst, MA 01002 | (413) 549-0100

<http://www.cushmanmarket.com/>

Funky, upbeat general store & eatery offering coffee & tea, breakfast & sandwiches, plus a patio.

Familiars Coffee & Tea

6 Strong Avenue, Northampton, MA 01060 | (413) 727-3578

<https://familiarscoffee.com/>

Coffee, Tea, and Sandwich shop in downtown Northampton, MA. Housed in a historic 1932 Worcester Lunch Car Company Diner, Familiars offers breakfast and lunch sandwiches in a quick service environment.

Hungry Ghost Bread

62 State St, Northampton, MA 01060 | (413) 582-9009

<http://hungryghostbread.com/>

Bread, Pastries shop in downtown Northampton, MA

Iconica Social Club

1 Amber Lane, Northampton, MA 01060 | (413) 341-0258

<http://www.iconicasocialclub.com/> Promotes itself as everyone's platform. Live music. Poetry. Film Nights. Lectures. Coffee Tastings. Weekend Brunch. Game Nights.

Little Heaven

229 Russell St, Hadley, MA 01035 | (646) 361-0107

<https://www.facebook.com/Littleheavenhadley/>

Seasonal (May-Oct) boba tea and other fruity drinks

Limered Teahouse & Espresso Bar

11 Pleasant St, Northampton, MA 01060 | (413) 230-3422

50 Main St, Amherst, MA 01002 | (413) 230-3422

<http://limeredteahouse.com/>

A space to enjoy bubble teas, espresso, and a dessert bar.

Mogee Bubble Tea

71 N Pleasant St, Amherst, MA 01002, (413) 835-0628

<https://www.mogeteeusa.com/>

Bubble Tea shop in downtown Northampton, MA

Northampton Coffee

269 Pleasant Street, Northampton, MA 01060 | (413) 587-8987

<https://www.facebook.com/NorthamptonCoffee/>

Tranquil, airy coffee shop featuring single-origin beans, plus pastries and free Wi-Fi.

Shelburne Falls Coffee Roasters

273 Main Street, Northampton, MA 01060

<https://shelburnefallscoffee.com/>

Local coffeehouse chain with a variety of brews and espresso drinks, plus breakfast bites and pastries.

Tart Baking Co

192 Main St, Northampton, MA 01060 | (413) 584-0717

<https://tartbaking.com/>

Ingredient driven pastries and breads from scratch every day.

The Roost

1 Market Street, Northampton, MA 01060 | (413) 587-2625

<https://roostnorthampton.square.site/>

Quaint, rustic hangout with cafe fare, baked goods and beverages ranging from coffee to craft beer.

Wild Chestnut Cafe

22 Chestnut St, Florence, MA 01062 | (413) 341-3948

<https://www.wildchestnutcafe.com/>

Woodstar Café

60 Masonic Street, Northampton, MA 01060 | (413) 585-9777

<http://woodstarcafe.com/>

A family-owned bakery, sandwich shop and full-service espresso bar.

ViVi Bubble Tea

48 North Pleasant Street, Amherst, MA 01002 | (413) 230-3809

<http://vivibubbletea.com/>

Bubble tea shop offering hot and cold versions, plus a variety of flavors & a simple snack menu.

Vegan and Vegetarian**Bela Vegetarian Restaurant**

68 Masonic Street, Northampton, MA 01060 | (413) 586-8011

<https://sites.google.com/view/bela-vegetarian/>

Miso soup, beans & rice, vegan baked desserts and more in a tiny space using local and organic goods.

Nourish Wellness Cafe and Juice Bar

10 Bridge Street, Northampton, MA 01060 | (413) 727-3260

<https://nourishnoho.com/>

Organic ingredients go into the health-focused, vegan fare and fresh-pressed juices at this hip cafe.

Paul and Elizabeth's

150 Main Street [Thornes Marketplace], Northampton, MA 01060 | (413) 584-4832

<http://www.paulandelizabeths.com/index.html>

Longtime family-run eatery plates vegetarian and fish-focused fare with a Japanese bent in warm digs.

Florence Pie Bar

17 A Main St, Florence, MA 01062 | (413) 341-3283

<https://www.florencepiebar.com/>

Pulse Cafe

270 Russell St, Hadley, MA 01035 | (413) 387-0555

<https://www.pulsecafe.com/>

Pulse Cafe brings to the table hand-crafted, 100% plant-based goodness inspired by local farm-fresh abundance, global flavors and good-for-you comfort food.

Asian Cuisine

Bombay Royale

1 Roundhouse Plaza Suite 4, Northampton, MA 01060 | (413) 341-3537

<https://www.bombayroyale.com/>

Relaxed Indian restaurant serving classic meals and a lunch buffet in an elegant, contemporary space.

Crazy Noodles

36 Main Street, Amherst, MA 01002 | (413) 253-3287

<http://www.crazynoodlescafe.com/>

Pasta dishes & Asian-style noodles are staples at this casual spot serving Thai & Italian fare.

Formosa Chinese Restaurant

62 Main Street, Amherst, MA 01002 | (413) 253-7835

<http://www.formosaamherst.com/>

Offers a wide array of authentic Chinese Food, such as General Tso's Chicken, Seaweed Salad, Sizzling Beef, Sichuan Dan Noodles, etc.

Great Wall

178 Pine St, Northampton, MA 01060 | (413) 582-0399

<https://northampton.live/businesses/great-wall>

Low-key choice serving traditional Chinese dishes incorporating locally grown ingredients.

Ginger Garden

351 Northampton Rd, Amherst, MA 01002 | (413) 256-6668

<http://gingergardenamherst.com/>

Relaxed eatery offering Pan-Asian cuisine including sushi rolls, noodles & soups.

Honeycrisp Chicken

1 Boltwood Walk, Amherst, MA 01002 | (413) 200-4490

<http://honeycrispchicken.com/>

A chicken popup at LimeRed Teahouse Amherst.

India House

45 State Street, Northampton, MA 01060 | (413) 586-6344

<http://www.indiahousenorthampton.com>

North Indian dishes at this refined family-run mainstay outfitted with ornate furniture from India.

India Palace

28 Main St, Northampton, MA 01060 | (413) 584-4892

<http://indiapalacerestaurant.net/>

The area's only north Indian tandoori cuisine and specialty dishes.

Kaiju

30 Boltwood Walk, Amherst, MA 01002 | (413) 461-0405

<https://kaiju-amherst.com/>

Provides variety choices of ramen, snacks, BBQ, and cocktails.

IYA Sushi and Noodle Kitchen

1 E Pleasant St, Amherst, MA 01002 and 15 College St, South Hadley, MA 01075

<https://www.iyasushi.com/>

Lili's Restaurant

197 N Pleasant St, Amherst, MA 01002 | (413) 253-5888

<https://lilischinesefood.com/>

Offers authentic and traditional Xian food.

Miss Saigon

96 North Pleasant Street, Amherst, MA 01002 | (413) 253-9988

<https://www.missaigonamherst.com/>

Cozy BYOB eatery serving traditional Vietnamese soups, sandwiches and other specialties.

Moshi Moshi

4 Main St, Northampton, MA 01060 | (413) 586-5865

<http://moshimoshisam.com/>

Vibrant nook plating classic sushi, plus cooked Japanese dishes, such as udon soup and teriyaki.

Noodles

257 Main Street, Northampton, MA 01060 | (413) 587-4070

<http://www.noodlesnorthampton.com/>

Bring something creative, fresh, and healthy to the noodle lover. Noodles offers a variety of both traditional Thai noodle soups and unique specialty selections at affordable prices.

Omi Omy

181 University Dr., Suite D, Amherst, MA 01002 | (413) 230-3766

<https://omiomyrestaurant.com/>

Oriental Flavor

25 South Pleasant Street, Amherst, MA 01002 | (413) 253-7673

<https://www.orientalflavoramherst.com/>

Offers delicious and authentic Chinese dining, takeout and delivery.

Oriental Taste

41 Main Street, Northampton, MA 01060 | (413) 582-6888

<http://www.northamptonorientaltaste.com/>

Offers delicious and authentic Chinese dining, takeout and delivery.

Osaka

7 Old South Street, Northampton, MA 01060 | (413) 587-9548

<http://www.osakarestaurantgroup.com/>

Traditionally decorated eatery with a sushi bar and chefs grilling to-order at hibachi tables.

Panda East

103 North Pleasant Street, Amherst, MA 01002 | (413) 256-8923

<https://www.pandaeastrestaurant.com/>

Diverse Chinese & Japanese menu, including sushi and veggie options, served in an informal atmosphere.

Panda Garden

49 Main St, Williamsburg, MA, 01096 | 413-268-8811

<http://www.pandawilliamsburg.com/>

Authentic Chinese food for curbside pickup or delivery. No dining in.

Shanghai Gourmet

104-106 N Pleasant Street, Amherst, MA 01002 | (413) 835-0913

<https://restaurantguru.com/Shanghai-Gourmet-Amherst>

Freshly prepared Chinese dining, takeout and delivery.

T. Roots

249 Main St, Northampton, MA 01060 | (413) 582-1880

<https://order.mealkeyway.com/merchant/71645337524932477a45676173525646784e594644673d3d/main> Taiwanese street food.

Teapot

116 Main St, Northampton, MA 01060 | (413) 585-9308

<http://www.teapotusa.com/> Giant street-facing windows are removed in warm weather at this go-to for Chinese and Japanese plates.

Thai Garden

2 Bridge Street, Northampton, MA 01060 | (413) 587-3336

<https://www.thaigardennorthampton.com>

Casual spot serving a mix of familiar and unusual Thai cuisine, from pad Thai to melon curry.

The Taste Thai Restaurant

25 North Pleasant Street, Amherst, MA 01002 | (413) 256-5421

<https://order.toasttab.com/online/the-taste-thai-cuisine>

Classic Thai fare including curries, seafood and vegetarian dishes, served in a simple storefront.

Tran's World Food Market

50 Russell St, Hadley, MA 01035 | (413) 586-6766

<https://www.facebook.com/TransWFM>

A family owned and run international grocery market. They carry exotic fruits, international produce, sauces for Asian dishes.

Yokohama Ramen

88 Main St, Northampton, MA 01060 | (413) 570-4703

<http://www.yokohamanoho.com>

African Cuisine/Middle Eastern Cuisine**Amanouz Café**

44 Main Street, Northampton, MA 01060 | (413) 586-9128

<https://www.amanouzcafe.com>

Moroccan and Mediterranean meals (with many vegetarian options) in an informal counter-serve setup.

Duro West African Cuisine

9 College Street, South Hadley, MA 01075 Village Commons | 413-322-0687

<https://www.durowestafricanuisine.com>

Duro brings into town the rich West African culture through food that is delicately prepared with mostly Nigerian spices.

Halal Street Cart

115 N Pleasant St, Amherst, MA 01002 | (646) 331-5115

Mosaic Café

79 Masonic Street, Northampton, MA 01060 | (413) 585-1155

<https://www.mosaiccafemedit.com>

Down-to-earth, counter-serve restaurant preparing Moroccan, Mediterranean and European dishes.

Middle Eastern Cuisine

Pita Pockets

103 North Pleasant Street, Amherst, MA 01002 | (413) 256-3600

193 Main Street, Northampton, MA 01060 | (413) 341-3629

<https://www.pitapocketsamherst.com/>

<https://www.facebook.com/PitaPocketsNorthampton/>

Unassuming, family-run kitchen offering casual Mediterranean grub such as falafel & shawarma.

Latin American Cuisine

Bueno Y Sano

134 Main Street, Northampton, MA 01060 | (413) 586-7311

<https://buenoysano.com/envira/northampton/>

Part of a small counter-serve Mexican chain serving burritos, quesadillas, tacos & salads.

Ecuador Andino Store

41 Russell St, Hadley, MA 01035 | (413) 586-0922

<http://places.singleplatform.com/ecuador-andino-store/menu?ref=google>

Specializes in traditional Central Mexican and South American foods, products, and customs.

El Caminito Steakhouse

7 Old S St, Northampton, MA 01060 | (413) 387-6387

<https://caminitosteakhouse.com/>

El Comalito

460 West St, Amherst, MA 01002 | (413) 259-9999

<https://elcomalitorestarantbar.com>

Unassuming, family-run restaurant making tacos, pupusas and other classics from Mexico and El Salvador.

La Veracruzana

31 Main Street, Northampton, MA 01060 | (413) 586-7181

<http://www.laveracruzana.com/>

Authentic Mexican restaurant in the Valley.

Mexcalito Taco Bar

271 Main St, Northampton, MA 01060

<https://mexcalito-tacobar.com/>

Authentic Mexican food and a big tequila and mezcal menu.

Mission Cantina

485 West Street, Amherst, MA 01002 | (413) 230-3580

<https://www.themissioncantinaamherst.com/>

Mission Cantina

58 Cottage St, Easthampton, MA 01002 | (413) 230-3580

<https://www.seamless.com/menu/mission-taco-58-cottage-st-easthampton/1943928>

Mi Tierra

48 Russell St. (Rt. 9), Hadley, MA 01035 | (413) 587-9820

<https://mitierrahadley.com/>

Family owned restaurant serving delicious, authentic Mexican food.

American and European Cuisine

Antonio's Pizza

31 N Pleasant St, Amherst, MA 01002 | (413) 253-0808

<https://antonios-amherst.foodtecsolutions.com/ordering/home>

Eastside Grill

19 Strong Ave, Northampton, MA 01060

<https://www.eastsidegrill.com/>

Fitzwilly's

23 Main Street, Northampton, MA 01060 | (413) 584-8666

<http://www.fitzwillys.com/>

A circa-1898 building houses this vintage-style pub known for its craft beers and large pub grub menu.

Homestead

7 Strong Ave, Northampton, MA 01060

<https://eathomestead.com/>

Highbrow Woodfire Pizza

12 Crafts Ave #1, Northampton, MA 01060 | (413) 586-1468

Significant vegan options available

<https://www.highbrowrestaurant.com/>

Jake's

17 King Street, Northampton, MA 01060 | (413) 584-9613

68 Cows Road, Amherst, MA 01002 | (413) 230-3717

<http://www.jakesnorthampton.com/>

Lunch and brunch spot with an open kitchen known for seasonal, American eats and daily hash specials.

Joe's Pizza

33 Market Street, Northampton, MA 01060 | (413) 584-3168

<http://www.joescafenorthampton.com/dinners.html>

Casual neighborhood stalwart since 1938, serving up thin-crust pies & Italian-American standards.

Johnny's Tavern

30 Boltwood Walk, Amherst, MA 01002 | (413) 230-3818

<https://www.johnnystavernamherst.com/>

Casual mainstay with a dark, warm atmosphere preparing a select, thoughtfully sourced American menu.

Local Burger

16 Main St, Northampton, MA 01060 | (413) 586-5857

<https://localnorthampton.com/>

Packards

14 Masonic St, Northampton, MA 01060 | (413) 584-5957

packardsnorthampton.com

Pinocchio Pizzeria

122 Main St #3, Northampton, MA 01060 | (413) 586-8275

<https://menuguide.com/MA/Northampton/Pinocchio-Pizzeria>

Pizza Amore

18 Green St, Northampton, MA 01060 | (413) 586-5443

<https://eatpizzaamore.com/>

Osteria Vespa

28 Amity Street, Amherst, MA 01002 | (413) 230-3194

<https://www.osteriavespa.com/>

Laid-back eatery featuring Italian/Mediterranean eats such as homemade pasta, plus an outdoor patio.

Roberto's Restaurant

223 Pleasant St, Northampton, MA 01060 | (413) 584-0204

<https://www.robertosnorthampton.com/>

Spoletto

1 Bridge Street, Northampton, MA 01060 | (413) 586-6313

<https://www.spoletorestaurants.com>

Trattoria with dramatic decor offering Italian dinners, plus happy-hour deals at the bar.

Toasted Owl

21 Main St, Northampton, MA 01060 | (413) 585-5088

<https://toastedowl.com/tavern/>

The Dirty Truth

29 Main St, Northampton, MA 01060 | (413) 585-5999¹⁵

<https://www.dirtytruthbeerhall.com/>

Wurst Haus

27 Pleasant St, Northampton, MA 01060 | (413) 341-3680

<https://www.wurst-haus.com/>

BEAUTY CARE

Barber shops

Bucci

145 Main Street, Northampton, MA 01060 | (413) 586-0155

<https://www.yelp.com/biz/bucci-northampton>

Bucci is located downtown in Northampton and is a great place to get a haircut or a shape-up.

Global Cuts

460 West Street, Amherst, MA 01002 | (413) 253-9419

<https://www.yelp.com/biz/global-cuts-international-world-of-barber-styling-amherst>

This is a black hair barber that offers excellent service from the very personable owner. It's a comfortable place for folks with curlier textures who need a barber- not a stylist.

Natural Taste Hair Boutique

726 Chicopee St, Chicopee, MA 01013 | (413) 533-3359

<https://www.facebook.com/pages/Natural-Taste/148677695175547>

Salons

Braids by Yonda

<https://www.instagram.com/braidsbyyonda/> services Northampton

Offers various types of braiding for African American hair braids by yonda.

Cheryl Nina Salon & Day Spa

35 University Dr, Amherst, MA 01002 | (413) 256-4557

<http://www.cherylninasalon.com/>

Hair By Harlow

220 N Pleasant St, Amherst, MA 01002 | (413) 253-8897

<https://hairbyharlowsalon.glossgenius.com/>

JCPenney Hair Salon

Hampshire Mall, 367 Russell St. Suite A, Hadley, MA 01035 | (413) 584-7416

<https://stores.jcpenny.com/ma/hadley/salon-hadley-ma-2022.html>

JC Penny's has multiple stylists for Black hair. This includes services for extensions

Salon O Hair Salon

50 Green St, Northampton, MA 01060 | (413) 586-5005

<https://salononorthampton.com/>

Quaint, cozy shop offering cuts, color & treatments for men, women & children, plus retail. It's co-owned by a Black woman and they have stylists trained to style textured hair.

Ulta beauty hair salon

@lalanolimitstylez on instagram

Eye eyebrow Care

GBS Threading

3 Pleasant St, Northampton, MA 01060 | (413) 584-1064

<https://www.gbsbrows.com/gbs-northampton/>

Skinsations

56 Main St #219, Northampton, MA 01060 | (413) 586-0800

<https://www.yelp.com/biz/skinsations-northampton>

Beauty Salon.

Joia Beauty

3479, 6 Crafts Ave, Northampton, MA 01060 | (413) 585-5888

<http://joiabeauty.com/>

Eye eyebrow Threading Spa

Holyoke Mall, 1st Floor Near JCPenney, 50 Holyoke St, Holyoke, MA 01040 | (413) 534-3131

<https://www.eyebrowthreadingholyoke.com/>

Hair Supply

Head Games Beauty Supply

67 North Pleasant Street, 2nd Floor Rear of Building, Amherst, MA 01002 | (413) 253-7478

<https://www.yellowpages.com/amherst-ma/mip/head-games-beauty-supply-496238976>

Head games is a beauty supply store that sells quality products for people who wear their hair naturally. They specifically cater towards African American/Black hair care.

Sally Beauty Supply

458 Russell St. Suite 5, Hadley, MA 01035 | (413) 253-4605

<https://stores.sallybeauty.com/ma/hadley/beauty-supply-hadley-ma-2629.html>

Sally's beauty supply is excellent for Black hair needs such as extensions, relaxers, natural hair and coloring.

Tattoo

Lucky's Tattoo & Piercing

37 Main Street, Northampton, MA 01060 | (413) 587-0004

<http://www.luckystattoo.org/>

Lucky's is a custom tattoo and piercing studio located in downtown Northampton. They provide high quality tattoos and piercings in a clean and welcoming environment.

Spa & Waxing

VIP Nail SPA

104 B Damon Rd, Northampton, MA 01060 | (413) 727-8347

<https://www.facebook.com/p/VIP-Nail-Spa-100057496117429/>

This location, in particular, has been recommended consistently due to their great spa pedicures and leg massages.

Purele Waxing Salon and Spa

Below Five college realtors, 190 University Dr, Amherst, MA 01002 | (413) 835-0555

<https://www.purelewaxing.com/>

WELLNESS | HEALING

Arden Sundari Pierce: Yoga for Well Being

Northampton, MA 01061 | (413) 585-8990

<http://www.yogaforwellbeing.com/>

Blue Feather Sanctuary

Operating out of the Button Building in Easthampton. Owned by Jessica Raie, a Black aesthetician who is from the area -- she worked at Joia Beauty for many years and is branching out on her own. She offers skincare, waxing, and energy work using Dr. Hauschka products.

Cooley Dickinson Hospital

30 Locust St. (Route 9), Northampton, MA 01060 | (413) 582-2000

<https://www.cooleydickinson.org/>

Elements Hot Tub Spa

373 Main Street, Amherst, MA 01002 | (413) 256-882719

<https://www.elementshottubspa.com/>

With the aim to bring wholistic health and spirituality into personal health and wellness, they use the highest-quality ingredients in order to bring you the most refreshing and calming experience.

Northampton Community Acupuncture

160 Main St., Suites 23 and 24, Northampton, MA 01060 | (413) 586-8251

<https://www.nohocommunityacupuncture.com/>

You can get individualized treatments in a soothing and calm atmosphere. Schedule online.

FUN | OUTING

Search “Meetup Northampton MA” to find weekly events

<https://www.meetup.com/cities/us/ma/northampton/>

Amherst Cinema

28 Amity St, Amherst, MA 01002 | (413) 253-2547

<https://amherstcinema.org/>

Cinema screening independent, classic and current films, plus theater, dance and music performances.

Atkins Farms

1150 West Street, Amherst, MA, MA 01002 | (413) 253-9528

<https://www.atkinsfarms.com/>

Atkins Farms Country Market is a locally owned and operated business. You can find not only fresh local produce but also custom-made gift baskets, New England special baked goods... You can find ice cream here in the summer and join apple-picking in the fall. Make sure to try their apple cider donuts if you visit in the fall!

Bridge of Flowers

22 Water St, Shelburne Falls, MA 01370

<https://www.bridgeofflowersmass.org/>

The Bridge of Flowers is in Shelburne Falls, Massachusetts, connecting the towns of Shelburne and Buckland. The seasonal footbridge – once a trolley bridge – has a garden of flowers covering it. It is only open between April and October.

Childs Park

71 N Elm St; Northampton, MA 01060

<https://childspark.org/>

Bequeathed by Annie Childs in 1950, it is a place for quiet reflection and for savoring the smells, sounds, and sights of nature. Its 40 acres boast three large lawns and two natural ponds. An Italian-style garden house presides over the rose garden and the nearby formal garden, while the pine woods and giant ferns hide some wonderful surprises. The park is managed and maintained by the Childs Park Foundation.

Cinemark Hampshire Mall (Movie Theatre)

Hampshire Mall, 367 Russell St, Hadley, MA 01035 | (800)-246-3627

<https://www.cinemark.com/massachusetts/cinemark-at-hampshire-mall-and-xd?showDate=08/16/2018>

Located in Hampshire Mall, this is a great place to catch the latest movies, and then grab a bite to eat at the mall afterwards.

Interstate 91
367 Russell St, Hadley, MA 01035 | (413) 586-2737
<http://interskate91.com/north/>

LaserBlast Ancient Adventure (Laser Tag and Roller Skating)
North 367 Russell Street, Hampshire Mall, Hadley, MA 01035 | (413) 586-2737
<http://interskate91.com/north/>

Want to play some games with some friends at the mall? Grab some skates or put on a laser tag vest, and enjoy!

Look Memorial Park
300 N Main St, Florence, MA 01062
<https://www.lookpark.org/>

The Frank Newhall Look Memorial Park, commonly referred to as Look Park, is a municipal park in the village of Florence in Northampton, Massachusetts in Hampshire County. The park is open year-round.

Mill 180 Park
180 Pleasant St #217, Easthampton, MA 01027 | (413) 203-1687
<https://www.mill180park.com/>

Mill 180 Park is an Indoor Urban Hydroponic Park for the 21st Century. We designed it with this question in mind: “What makes great urban parks like New York City’s Central Park, London’s Hyde Park, and Tokyo’s Ueno Park great?”

Mullins Center Community Ice Rink
200 Commonwealth Ave, Amherst, MA 01003 | (413) 545-2791
<http://www.mullinscenter.com/rink>

Northampton Dog Park
53 Burts Pit Road, Northampton, MA 01060
<https://www.yelp.com/biz/northampton-dog-park-northampton-2>
A peaceful, lovely park with water, farmland, woods and beautiful trails.

PINZ Entertainment
367 Russell St, Hadley, MA 01035 | (413) 387-0550
<https://pinzbowl.com/>
Event venue hosting themed social nights for bowling, arcade game playing, axe throwing, and a variety of food and drink deals.

Prodigy Minigolf & Gameroom

116 Pleasant St, Easthampton, MA 01027 | (413) 203-5164

<http://www.prodigyminigolf.com/>

This ages 13+ large indoor facility gives you a one-of-a-kind indoor minigolf course, a wall of retro video games and consoles to play as well as many game tables featuring a grand selection of classic and modern board games.

Pulaski Park

240 Main St, Northampton, MA 01060

<https://www.northamptonma.gov/1440/Pulaski-Park>

A small and intimate park located in Northampton, on Main Street between the City Hall and the Academy of Music Theatre.

Sparetime Northampton (Bowling)

525 Pleasant Street, Northampton, MA 01060 | (413) 584-4830

<http://www.sparetimeentertainment.com/northampton/>

Just five minutes from downtown Northampton, Sparetime is a great place to hang out and play an exciting game of bowling! Sparetime serves great food, and has an incredible ambiance.

The Basement

21 Center St, Northampton, MA 01060 | (413) 387-6345

<https://www.facebook.com/TheBasementNoho/>

A good bar to have some drinks and relax.

The Majestic Saloon

24 Main St, Northampton, MA 01060 | (413) 727-3996

<https://www.majesticsaloon.com/>

Local bar and grill. They host a pop-up Queer bar on Wednesdays.

The Unicorn Inn

126 High St, Holyoke, MA 01040 | (413) 322-8774

<https://www.facebook.com/UnicornHolyoke/>

They host Soca, Reggaeton, and Hip Hop Dance Nights.

SOCIAL MOVEMENT | ORGANIZING

ARISE for Social Justice

38 School St, Springfield, MA 01105 | (413) 734-4948

<https://www.arisespringfield.org/>

Arise for Social Justice was founded 30 years ago by women on welfare. Over the next ten years, we expanded our definition of ourselves: first, to become a poor people's rights organization, and second, to organize low-income people to fight oppression in all its manifestations.

ArteSana

362 Dwight St, Holyoke, MA 01040 | (413) 588-2013

<https://artesana.co/>

ArteSana is a non-profit social enterprise focused on building a more equitable and sustainable world through community, creativity and entrepreneurship.²³

Center for New Americans

James House, 42 Gothic Street, Northampton, MA 01060 | (413) 587-0084

<http://www.cnam.org/>

They offer education and resources to welcome and serve immigrants. The Vision: Immigrants will acquire the tools to integrate economically and culturally into the community, and become self-sufficient.

Cooley Dickinson Hospital

30 Locust St. (Route 9), Northampton, MA 01060 | (413) 582-2000

<https://www.cooleydickinson.org/volunteer/>

A dynamic community of over 400 volunteers who make a difference every day at Cooley Dickinson Health Care. Share your gifts and abilities serving patients, delivering mail or staffing the Coffee Shop, or one of the many other volunteer capacities.

Fresh Paint Springfield

<https://www.freshpaintspringfield.com/>

Fresh Paint Springfield is being produced by the Common Wealth Mural Collaborative. The Common Wealth Mural Collaborative is a non-profit organization dedicated to bringing more mural art into public places through the management of mural installations and mural festivals.

Gardening the Community

200 Walnut St, Springfield, MA 01105 | (413) 693-5340

<http://www.gardeningthecommunity.org/>

Gardening The Community is a food justice organization engaged in youth development, urban agriculture and sustainable living to build healthy and equitable communities.

International Language Institute of Massachusetts

25 New South Street, Northampton, MA 01060 | (413) 586-7569

<http://ili.edu/volunteer>

The International Language Institute of Massachusetts (ILI) is a private, not-for-profit language school founded in 1984 and located in Northampton, Massachusetts. ILI's mission is to promote intercultural understanding by providing high-quality language instruction and teacher training.

Northampton Survival Center

265 Prospect Street, Northampton, MA 01060 | (413) 586-6564

<http://www.northampton-survival.org/>

The Northampton Survival Center is dedicated to improving the quality of life for low-income individuals and families throughout Hampshire County by providing nutritious food and other resources in an atmosphere of dignity and respect.

Nuestras Raíces

329 Main Street Holyoke, MA 01040 | (413) 535-1789

<http://nuestras-raices.org/en/volunteer/>

Nuestras Raíces is a grassroots urban agriculture organization based in Holyoke MA. The mission is to create healthy environments, celebrate “agri-culture,” harness collective energy, and to advance the vision of a just and sustainable future.

Pioneer Valley Workers Center

20 Hampton Ave, Ste. 200, Northampton, MA 01060 | (413) 570-3060

<http://pwworkerscenter.org/category/news/>

The Pioneer Valley Workers' Center builds power with low-wage and immigrant workers throughout Western Massachusetts. Together, they organize to build community and win real change in the lives of working people.

Safe Passage

76 Carlon Drive, Northampton, MA 01060 | (413) 586-1125

<https://www.safepass.org/>

Safe Passage is dedicated to creating a world free of domestic violence and relationship abuse. They are here for all survivors--women, men, transgender and gender non-conforming survivors, folks of no gender, and people of all sexual identities.

Sojourner Truth School for Social Change Leadership

208 Race St, Suite 305, Holyoke, MA 01040 | (413) 238-1280

<https://truthschool.org>

(413) 238-1280

The Truth School is a unique experiment offering free community classes on a wide variety of skills for making social change happen now. Amidst the serious challenges we are facing, the School supports finding the path that can translate one's unique talents, concerns and commitments into action.

Springfield School Volunteers

1550 Main Street, 3rd floor, Springfield MA 01103 | (413) 787-7100, ext. 55697

<http://www.springfieldschoolvolunteers.org/volunteer-opportunities/>

They are always looking for academic tutors to help support the students, as well as mentors. Be someone to someone who matters!

Treehouse Foundation

1 Treehouse Circle, Easthampton, MA 01027 | (413) 527-7966

<https://refca.net/>

Treehouse is inspiring a Re-Envisioning of Foster Care in America. They invite Americans of all ages and backgrounds to stand together under the Banner of Shared Responsibility so that all children and youth living in foster care find forever families and live connected, fulfilling, and productive lives.

TECHNOLOGY AID

Yes Computers

196 Pleasant St. Suite 101, Northampton, MA 01060 | (413) 585-0007

<http://www.yescomputers.com/>

Northampton Computer Repair

12 Main St, Northampton, MA 01060 | (413) 341-3571

<http://www.northamptoncomputerrepair.com/>

Apple Store (Genius Bar)

50 Holyoke St, Holyoke, MA 01040 | (413) 493-3878

<https://www.apple.com/retail/holyoke/>

Green Earth Computers

20A Crafts Ave, Northampton, MA 01060 | (413) 282-8324

<http://www.greenearthcomputers.us/>

WORSHIP | SPIRITUALITY

Abbey Memorial Chapel (Mount Holyoke College)

50 College St, South Hadley, MA 01075

https://events.mtholyoke.edu/abbey_chapel_7

Mount Holyoke College connected to Mary Lyon Hall. The Abbey Memorial Chapel and neighboring Abbey Interfaith Sanctuary both host weekly gatherings from multiple faith and spiritual-based groups that are open to all members of the College community while the College is in session.

Al Baqi Islamic Center

148 Fort Pleasant Ave, Springfield, MA 01108 | (413) 732-9288

<https://www.manta.com/c/mm2gb9l/al-baqi-islamic-center2627>

Amherst Korean Church

434 N Pleasant Street, Amherst 01002 | (413) 549-6495

<https://www.facebook.com/amherstkoreanchurch/>

They hold numerous social events and provide Korean homemade meals after service every Sunday. Many students and new members of the Korean community seek out the moral support and sense of belonging the church provides.

Beit Ahavah: Reform Synagogue of Greater Northampton

130 Pine St, Florence, MA 01062 | (413) 587-3770

<http://www.beitahavah.org/>

The congregation of Beit Ahavah is dedicated to a search for connection to our spiritual selves through worship and study, a strong emphasis on social justice and social action, and a fostering of community spirit and valuing of our diversity. All of their services and celebrations are open to the public and we welcome anyone interested in participating in the life of our growing Reform Jewish community.

Chabad-Lubavitch of Northampton

81 Milton Street, Northampton, MA 01062 | (413) 582-0033

<http://www.chabadnorthampton.com/>

We are a local resource for everything Jewish! Join us for Shabbat meals, learn how to pray or come celebrate your favorite Jewish holiday. We are here to serve, to share and to do our part in bringing more light to the Happy Valley through inspiration and education in Torah, mitzvot (Divine commandments) and avodah (Divinely appointed tasks).

Chapin Chapel (Amherst College)

17 Barrett Hill Dr, Amherst, MA 01002

<http://omeka.wellesley.edu/spiritualspaces/items/show/16>

The Chapin Chapel is one of the various key spaces in which students, staff, and faculty gather for religious and spiritual program planning, consultation, events, meetings, services, lectures, meals, and celebrations.

College Church

58 Pomeroy Terrace, Northampton, MA 01060 | (413) 586-0057

<http://www.thecollegechurch.org/>

College Church is a diverse, interdenominational church in the heart of the Pioneer Valley, serving towns all over Hampshire County, from South Hadley to Amherst, and Southampton to Goshen. Since 1972, College Church has sought to “Know Christ and Make Him Known” through biblical preaching, local outreach, church planting and global missions.

Congregation B’nai Israel (*Sanctuary for undocumented individuals)

253 Prospect St, Northampton, MA 01060 | (413) 584-3593 (Office extension is #202)

<https://www.cbnorthampton.org/>

Located in downtown Northampton, this is an egalitarian congregation affiliated with the United Synagogue of Conservative Judaism. Their 370 household represents a diverse range of backgrounds, but when they are together, it always feels like a family. CBI welcomes you to visit their website, their community garden, and joining them for Shabbat Kiddush or any of their other community events.

Edwards Church of Northampton

297 Main St, Northampton, MA 01060 | (413) 584-5500

<http://edwardschurchnorthampton.org/>

Edwards Church serves as a home for all who seek the Holy Spirit in the midst of a too busy, often glorious, and sometimes challenging world. The wall of windows between our sanctuary and the street – a thin, transparent veil – reminds us of our connection to the world, even as we take a moment’s refuge in the light of the cross. In addition to serving as a place of worship that features prayer, music, and the Word, Edwards Church hosts many other functions that combine spiritual striving and worldly service such as a soup kitchen, a fellowship hall, a mindfulness center, a Buddhist sangha, and a parents’ center.

First Baptist Church of Amherst

434 North Pleasant, Amherst, MA 01002 | (413) 549-3596

<http://www.fbcamherst.org/>

They are located at the entrance to the University of Massachusetts. They are a church of diverse races, nations, cultures, generations, and backgrounds. People from over 40 nations call First Baptist their spiritual home. What can you expect on a Sunday? A warm welcome, beautiful music, vibrant worship, practical messages, a cup of coffee and a safe place to ask questions.

First Churches of Northampton (*Serves undocumented individuals)

129 Main St, Northampton, MA 01060 | (413) 584-9392

<http://www.firstchurches.org/>

First Churches of Northampton is a united church of the American Baptist Churches USA and United Church of Christ, the largest Protestant denomination in Massachusetts. They welcome and invite into our membership all persons who love God and our Lord Jesus without regard to differences as race, ethnicity, age, gender identity, ability, sexual orientation, economic status, marital status, level of education, or any other difference that may be misunderstood as a barrier to Christian fellowship.²⁹

Goodwin Memorial A.M.E. Zion Church

41 Woodside Avenue, Amherst, MA 01002 | (413) 256-1885

<https://goodwinmemorialchurch.org/>

In 1825 Rev. Erasmus Darwin Eldredge, Class of 1829 at Amherst College, was walking on the road to Pelham. East of East St. he saw a number of African-American families. He asked if they would like to hold a service at one of their homes. They agreed, and a meeting was held at one of their houses on Sabbath afternoon. Out of this first meeting emerged two African-American churches still practicing today.

Grace Episcopal Church

14 Boltwood Ave, Amherst, MA 01002 | (413) 256-6754

<http://www.gracechurchamherst.org/>

The mission of the Church is to restore all people to unity with God and each other in Christ. The Church pursues its mission as it prays and worships, proclaims the Gospel, and promotes justice, peace, and love.

Hampshire Mosque

451 Russell St, Hadley, MA 01035 | (413) 548-8865

<https://hampshiremosque.org/>

The mission of Hampshire Mosque is to establish the practice of Islam in the lives of its members, to please Allah (Subhanahu wa ta'ala), through adherence to the teachings of the Qur'an and the methodology of the Sunnah of the prophet Mohammad (peace be upon him). It will provide a place of worship, and Islamic environment for individuals and families, authentic Islamic education, da'wah programs for promoting understanding and propagation of Islam, a source of reference and support system for the community, and develop and implement all such programs within its resources that promote these objectives.

Islamic Society of Western Massachusetts

377 Amostown Road, West Springfield, MA 01089 | (413) 788-7546

<http://www.iswmonline.com/>

ISWM is a Muslim organization in Western Massachusetts. It primarily serves the religious and social needs of local Muslims. It is a non-profit community organization. Its center in West Springfield has the largest mosque in the area. The local Muslim population represents multiple ethnicities, nationalities and religious schools of thought. The mosque and the center have a full-time Imam and offers daily five congregational and the Jummah prayers. The mosque also offers many other conventional religious and educational services.

Maple Ridge Church

659 Amherst Rd, Sunderland, MA 01275 | (413) 549-4949

<http://www.mapleridge.net/>

Maple Ridge envisions a welcoming and growing community of people from diverse backgrounds on a spiritual journey together. They see lives being transformed as people encounter Christ's love, grace and hope, finding a new identity, purpose, freedom and a fulfilling life in Christ. They see a culture of learning, where people who know Christ are actively involved in helping others on their journey becoming followers of Christ.

Our Lady of the Valley Parish

33 Adams St, Easthampton, MA 01027 | (413) 527-9778

<http://olveasthampton.org/>

Our Lady of the Valley Parish is the Roman Catholic church serving the needs of Easthampton, Southampton, Westhampton and surrounding towns.

Pioneer Valley Shambhala Center

Center 191 Main Street, Northampton, MA 01060 | (413) 585-9848

<https://pioneervalley.shambhala.org/>

The community welcomes those new to meditation practice who are just discovering the teachings on basic goodness and enlightened society. They are a diverse gathering of practitioners, both newcomers and those who have walked the Shambhala Buddhist path for many years.

St. Brigid's Parish Community

122 North Pleasant Street P.O. Box 424 Amherst, MA 01002 | (413) 256-6181

<https://saintbrigidsamherst.org/>

What identifies a steward? Safeguarding material and human resources and using them responsibly are one answer; so is generous giving of time, talent, and treasure. But being a Christian steward means more. As Christian stewards, we receive God's gifts gratefully, cultivate them responsibly, share them lovingly in justice with others, and return them with increase to the Lord.

St. Elizabeth Ann Seton Parish

99 King St, Northampton, MA 01060 | (413) 584 7310

<http://www.saintelizabethannseton.net/>

Saint Elizabeth Ann Seton Parish is called together by God as a faith sharing community to radiate, celebrate, and proclaim Jesus Christ through prayer, word, worship, and service as we seek to build up His one body, adapting to the diverse needs of the people in whose midst we live and witness.

St. John's Congregational Church (*African Ministry and Hispanic Ministry)

45 Hancock Street, Springfield, MA 01109 | (413) 734-2283

<https://www.facebook.com/sjcc45/>

Through evangelism, St. John's seeks to build the Kingdom of God as they spread the Gospel of Jesus Christ and invite others to share in their worship as they magnify God that they might be led to join their fellowship and grow in their discipleship to be equipped for their ministry in their congregation and community.

HEALTH | EMERGENCY

Tapestry Health (*Undocumented students are accommodated)

16 Center St. #415, Northampton, MA 01060 | (413) 586-2539

<http://www.tapestryhealth.org/northampton/>

Pelvic exams & pap smears, STI screening, breast exams, rapid HIV testing, birth control, emergency contraception, pregnancy testing, referrals -Requires no social security/ state ID/ Smith insurance available/ No insurance applies to sliding scale fee – provide minimum fees if salary is \$500 or below income per week for Massachusetts or college resident.

ServiceNet

129 King Street, Northampton, MA 01060 | (413) 582-4252

<https://www.servicenet.org/>

ServiceNet provides a wide range of human services for people in the Pioneer Valley. Their programs include outpatient behavioral health services; adolescent support programs; early intervention for young children; home health care; rehabilitation and residential programs for those with mental health issues, developmental disabilities, traumatic brain injuries, or addictions; and shelter and housing services for the homeless.

Planned Parenthood Western Massachusetts Health Center

3550 Main St. Suite 201, Springfield, MA 01107 | (800) 258-4448

<https://www.plannedparenthood.org/health-center/massachusetts/springfield/01107/western-massachusetts-health-center-2662-90610>

Visit the Planned Parenthood health clinic for men and women in Springfield, MA for the day after pill, abortion procedures, pregnancy resources, STD treatment, birth control, and family planning.

Baystate Urgent Care

325 King St, Northampton, MA 01060 | (413) 387-4100

<https://www.baystatehealth.org/locations/outpatient-center-northampton/urgent-care>

Baystate Urgent Care is located in Northampton, Springfield, Longmeadow, and Belchertown. They provide walk-in medical services for unexpected illnesses and injuries that cannot wait for a primary care appointment, but does not require an emergency room visit.

Holyoke Medical Center (Center for Behavioral Health)

575 Beech St, Holyoke, MA 01040 | (413) 534-2698

<https://www.holyokehealth.com/Services-Specialties/The-Center-for-Behavioral-Health>

The Center offers both inpatient and outpatient services, as well as a short-term Partial Hospitalization & Intensive Outpatient Program, a hybrid program for adults who are coping with a combination of acute mental health problems, substance abuse and psychiatric disorders. They also now offer Transcranial Magnetic Stimulation Therapy. Financial Counselors are available to discuss payment options/arrangements.

Life Course Counseling Center

95 Smith St, Northampton, MA 01060 | (413) 775-3567

<http://www.lifecourse.net/>

Life Course's intention has always been to provide access to knowledgeable LGBTQ therapists and a safe environment where diverse sexual orientations and gender identities are seen as healthy and normal. Someone coming to LifeCourse Counseling Center has always been assured that they will see a LGBTQ therapist who intimately knows the personal issues our community faces.

Clinical & Support Options (CSO)

8 Atwood Drive, Suite 301, MA 01060 | (413) 773-1314

https://www.csoinc.org/?page_id=189

CSO is committed to providing comprehensive support to individuals and families in their progress towards self-sufficiency. Their trauma-informed model of care is built on the values of safety, choice, trustworthiness, collaboration, and empowerment.

ART | DANCE | MUSIC

Arts Night Out Northampton

<https://www.facebook.com/ArtsNightOut/>

Arts Night Out, the second Friday of every month, is an event hosted by Northampton art spaces to promote creative works and community. This monthly gallery walk offers the opportunity to enjoy a Friday night in town while experiencing diverse visual and performing arts.

Community Music School of Springfield

127 State St, Springfield, MA 01103 | (413) 732-8428

<https://communitymusicschool.com/>

Community Music School of Springfield, founded in 1983, is a non-profit community arts school in Western Massachusetts. Their mission is to provide an equitable and inclusive center of excellence in music and arts education that empowers individuals, inspires creative passion, and promotes well-being in our greater community.

Hampshire College Salsa Rueda and Tango Club

893 West St, Amherst | hampsalsatango@gmail.com

<https://www.facebook.com/groups/123454531061723/about/>

Come learn to dance Salsa Rueda and Tango with Professor Daniel Trenner! Sundays 12-2pm in the Prescott Tavern at Hampshire College. No experience or partner necessary. Free.

Iron Horse Music Hall

18 Center St, Northampton, MA

<https://ironhorse.org/>

The Iron Horse Music Hall is a music venue located in Northampton, Massachusetts, west of Boston and north of Springfield, Massachusetts. Its motto is Music Alone Shall Live.

Northampton African Dance

<https://www.facebook.com/NorthamptonAfricanDance/>

A multi-generational group of dancers, drummers, and West African artists dedicated to community building and the preservation of diasporic art.

R. Michelson Galleries

132 Main St, Northampton, MA 01060 | (413) 586-3964

<http://www.rmichelson.com/>

R. Michelson Galleries is the largest commercial art gallery in western Massachusetts. Their collections include oil paintings, egg tempera, watercolors, prints, fine art books, bronze sculpture and more. Open to the public throughout the week.

School of Contemporary Dance & Thought (SCDT)

Studio4, 25 Main St, Northampton, MA 01060 | (413) 570-4491

<https://www.scdtnoho.com/>

SCDT is comprised of independent and internationally experienced performance artists/movement practitioners who are also innovative teachers. They have weekly performances and classes open to all body types and ages!

BOOKSHOPS | LIBRARIES

Amherst Books

8 Main St, Amherst, MA 01002 | (413) 256-1547

<https://www.amherstbooks.com>

A great place to sit back, relax and crack open a good book!

Broadside Bookshop

247 Main St, Northampton, MA 01060 | (413) 586-4235

<https://www.broadsidebooks.com/>

Excellent local bookstore for new books that also hosts readings.

Forbes Library

20 West Street, Northampton, MA 01060 | (413) 587-1011

<http://forbeslibrary.org/>

This public library is just a five minute walk from Smith – enjoy rare books and quiet areas to study.

Montague Book Mill

440 Greenfield Rd. Montague, MA 01351 | (413) 367-9206

<http://www.montaguebookmill.com/>

Take a day trip to this beautiful bookstore that is on a water mill and near art/ music shops hosted by local artisans – great for looking for textbooks as well!

Newbury Comic Book Store

38 Pleasant Street, Northampton, MA 01060 | (413) 586-8526

<https://www.facebook.com/NewburyComicsNorthampton/>

Great place to window shop and check out neat comics, movies and television apparel and décor.

Odyssey Bookshop

9 College St, South Hadley, MA 01075 | (413) 534-7307

<https://www.odysseybks.com/36>

Epic bookstore across the street from Mount Holyoke College that also hosts readings.

Raven Used Books

4 Old South St, Northampton, MA 01060 | (413) 584-9868

<http://ravenusedbooks.com/>

Aside from providing many genres of popular books, The Raven has been a valuable part of the Five College community, specializing in academic and scholarly titles.

HERITAGE EXPLORATION

BOMBYX Center for Arts & Equity

130 Pine St, Northampton, MA 01062

<https://bombyx.live/about/>

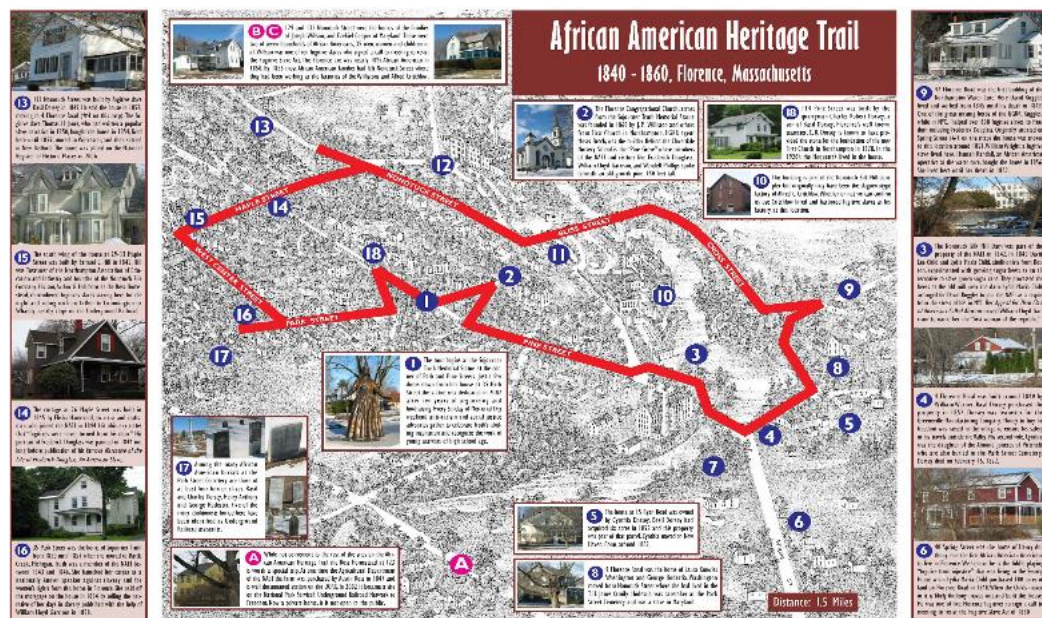
A group of activists, farmers, teachers and businessmen banded together to form the Northampton Association of Education and Industry (NAEI). Founded on the principles of abolitionism, temperance, pacifism, gender equality and religious tolerance, the group established a silk mill and utopian community in the village now known as Florence, MA.

David Ruggles Center for History & Education

225 Nonotuck St, Florence, MA 01062

<https://davidrugglescenter.org/> | info@davidrugglescenter.org

Honoring the contributions made to the abolition of slavery by courageous individuals in the Connecticut River Valley of Massachusetts, the Center seeks to educate and inspire their visitors to possibilities in the present by sharing the powerful voices from the past.



Sojourner Truth Memorial

121 Pine St, Florence, MA 01062

<https://sojournertruthmemorial.org/>

A small park featuring a large statue of the famed activist and abolitionist on a granite pedestal. Contact the Memorial Committee in scheduling a walking tour of the African American Heritage Trail!